

©The Donna Seebo Newsletter

October 1, 2023



A Moment with Donna...Ideas

I am consistently amazed at the creativity of people. It seems like every day I see a demonstration of unique ideas, different perspectives, and observations that I may never have considered otherwise. I came across this quote that I felt expressed a deep perception.

“Ideas are cosmopolitan. They have the liberty of the world. You have no right to take the sword and cross the bounds of other nations, and enforce on them laws or institutions they are unwilling to receive. But there is no limit to the sphere of ideas. Your thoughts and feelings, the whole world lies open to them, and you have the right to send them into any latitude, and to give them sweep around the earth, to the mind of every human being.” ~Beecher

I did a little research on copyrights which always involves people's ideas on so many levels. During 2022 there were 484,589 submissions. Amazing to say the least. That is just the tip of the iceberg. Trademarks, there were 943,928 submissions. People's minds were working overtime during the pandemic.

To take care of the applications sent to the copyright office it takes a staff of 450 people. To take care of the trademark applications The USPTO occupies several interconnected buildings in Alexandria, Virginia. The office employs more than 13,000 people -- including engineers, scientists, attorneys, analysts, computer specialists -- all dedicated to protecting U.S. intellectual property rights.

Curiosity, a sense of adventure, the desire to make something better, seems to be a part of the human expression and that is a wonderful thing.



GUINNESS WORLD
RECORD Fourth Of

Here is the link to a demonstration of working with ideas using 1,000 drones, setting a world record. This is a demonstration of how people create and expand ideas already in place, growing possibilities in unexpected and wonderful ways. Drones were used in the 4th of July celebration in our local Steilacoom Park here in the State of Washington. People loved the whole experience of the

visual drama in the sky above. (*Special note: if you cannot play this video go to the posted newsletter on my website and it will play.*)

Innovation seems to be at an all-time high and the more we are willing to invest in ourselves, expand our perceptions, make adaptations, the more breakthrough ideas in all areas will evolve. Could we be in the process of experiencing a Renaissance period where we break away from the glass ceiling's we self-impose upon ourselves? Living a dynamic history shift may be that essence we are experiencing right now.

As I am writing this editorial fall winds are flowing about, blowing ripe acorns off our mature oak trees, creating harsh plops of sounds as they hit the roof and the hard surfaces of deck and driveway. Summer is being pushed away quickly as fall colors are making their dynamic presence known, giving a feast for the eyes that is to be savored right along with the scents that fall brings.

Have a fabulous September.

Donna Seebo

October's Power Thought

"Whatever America hopes to bring to pass in this world must first come to pass in the heart of America."
~ Dwight D. Eisenhower

October's Chuckle

"The way food prices are going up; more people are being put on diets by their accountants than by their doctors." ~Author unknown.

The Donna Seebo Show" & "Warriors for Peace"



Heard worldwide

"Delphi Vision Broadcasting" is celebrating its 22nd year of positive and informative programming with 'The Donna Seebo Show' and its 9th year with 'Warriors for Peace'. Currently people in over 128 countries, including the United States, have listened to the shows.

I invite you to join me weekdays for insightful and uplifting programming. The theme of the program is 'Personal Empowerment.' Guests are featured from all over the world giving their knowledge and expertise to you - the listening audience

Go to 'The Donna Seebo Show' page... <https://delphiinternational.com/donna-seebo-show/>

There you will find a player that enables you to connect to the 'live' show 8:00 pm to 9:00 pm, Monday through Friday, Pacific Time. The latest 13-15 hours of programming is available 24/7. Callers are welcome during the second half of the program – **Call in number - 253.582.5597.**

"Warriors for Peace" is aired on Wednesdays, 7:00 pm to 8:00 pm, Pacific Time. No calls are taken during this interview program.

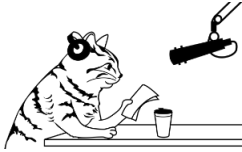
To listen to any of the broadcasts at any time - click on the tower icon in the past show archives box- then choose the program you are interested in. Shows are available 24/7.

As of 2022, we are featuring *The Author's Showcase*. You are invited to visit our new addition to *The Donna Seebo Show & Warriors for Peace* show page.

I look forward to having you join me and my guests at my global broadcasting table. Informative and fun, you are invited to join me weekdays where you can ***"Light Up Your Life with A Little Bit of***

Insight". Be sure to tell your friends and family about this positive, informative programming available 24/7.

Special Note: Programming can be heard via these additional connections: IHeart Radio, I Tunes, Alexa, TuneIn, and Spotify.



Featured Radio Guests on the Donna Seebo Show

& Warriors for Peace – October 2023

- 2...The Pride of the Dragon Cards – Angelo Thomas (Australia)
- 3...Infertility – Maria Novotny
- 4...Recipe for Murder – Karen Pierce
- 5...Shadows in Sussex - Emma Dakin
- 6...Civil Discourse – Milan Kordastani
- 9...That's All I Ever Wanted To Be – Scott Gendal
- 10...Special Editions Television Show-The Psychic Self...Audio portion of program-Donna Seebo
- 11...Roll Back the World, A Sister's Memoir – Deborah Kasdan
- 12...Triumph, Life on the Other Side of Trials, Transplants – Gregory Works
- 13...American Ghost Stories – Michael Kozlowski
- 16...Strait Jackets & Lunch Money – Katya Cengel
- 17...Free Your Joy – Lisa McCourt
- 18...Chronic Pain Reset – Dr. Afton Hassett
- 19...Every Other Weekend, Coming of Age with Two Different Dads – Anthony Mohr
- 20...Becoming More – Dianna Kokoszka
- 23...Werewolf Stories and other Paranormal Anomalies – Nick Redfern
- 24...On the Rocks- Maria Palmer
- 25...Answering Alaska's Call – Linda Fritz
- 26...The Owner's Manual to Life – Michael Zajackowski
- 27... Public/Private, My Life with Joe Papp at the Public Theatre – Gail Papp
- 30...Death Nesting-Anne-Marie Keppel
- 31...To be announced

Warriors for Peace

- 4... We Sow – Jennifer Jewel
- 11...The House on G Street, A Cuban Family Saga – Lisandro Perez
- 18...War Is Necessary – Chris Adams
- 25...Cold Peace – Helena Schrader

Upcoming Events & Broadcasts – October 2023

Wednesday, October 4th to Sunday, October 8th...Anchorage, Alaska. I will be participating in the Alaskan Whole Life Festival and will also be available for private appointments. If you or someone you know would like to schedule an appointment for a private session, contact my office, 253.582.5604.

For information on the Alaska Whole Life Festival go to www.AlaskaWholeLifeFestival.com ... The festival is on October 7th & 8th. I am also looking for an assistant for the two-day event. Please contact my office if you or someone you know may want to assist at the show.

On October 4th, I can be reached at 907.243.2233 after 3:00pm. Please do not call the hotel prior as they may not take messages until I check in.

Looking forward to being in Anchorage during such a beautiful time of the year.

Wednesday, October 25th ... The Psychic Spectrum, Banquet Room at the Poodle Dog Restaurant, Fife, Washington. I will be the keynote speaker for the evening and the meeting starts at 5:30pm. I will be arriving before then, being available for mini-sessions before and after the meeting. Demonstrations of mind skills will also be a part of my presentation. I will also be bringing several books, including my children's publications. Go to <https://psychicspectrum.com/> or <https://delphiinternational.com/event/the-psychic-spectrum-23/> for more details.

Saturday, November 4th and Sunday, November 5th ... The BEPC Expo at the Kent Commons, in Kent, Washington. This two-day event celebrates the upcoming holidays and will be perfect for the setting up for a dynamic interaction with people from outside the State of Washington as well as those located locally. More details will be available in my November newsletter.

Special Note: The Pacific Northwest Women's Show will be happening in 2024. Date: March 23 & 24. More information will be posted in upcoming newsletters.

Special Announcement...Television Program The Donna Seebo Show, "Special Editions"

My television program, ***The Donna Seebo Show-Special Editions*** airs ***this month, Faces of Leadership***, on TCTV media, Channels 3,22,26,77, every Tuesday at 5:00pm, Pacific Time. It will be listed in their Community Voice section, <https://tcmedia.org>. We are posting the videos on U Tube, my website, and other venues. The next television program, to be aired every Tuesday of November at 5:00pm, Channel 22, etc., is **Mental Illnesses & Homelessness**.

Also, we will be posting soon, the videos of my talks at The Psychic Spectrum and my demonstrations of mind skills. The following links will be carrying the postings once they are uploaded.

<https://delphiinternational.com/personal-empowement-videos>
<https://youtube.com/@donnaseebodelphivisioninte9974/videos>



The Recipe Box...Chewy Pumpkin Cookies

Who doesn't like cookies? Here is a quick and easy recipe that is sure to please by *In Bloom Bakery*. Calories not included. ☺

Ingredients:*(Spiced Sugar...1/4 cup white sugar, 1/2 tsp pumpkin pie spice), Pumpkin Cookies...3/4 cup unsalted butter-softened, 1 cup light brown sugar packed, 2 egg yolks at room temperature, 2 tsp vanilla, 1/2 cup canned pumpkin puree (Libby's), 1 3/4 cups all purpose flour spooned and leveled, 1 tbsp pumpkin pie spice, 1/2 tsp baking soda, 1/2 tsp baking powder, 1/2 tsp salt.*

Directions: Preheat oven to 350 degrees and line two baking sheets with parchment paper. Start by drying your pumpkin-not optional-cookies won't bake properly if you skip this step. Spread the canned pumpkin on a plate and lightly press with a paper towel to absorb the excess liquid. Repeat the step at least four more times. Pumpkin should be dry enough to reduce to a 1/4 cup. No liquid should transfer onto a paper towel once it has been dried enough, then set aside. In a small bowl, whisk together the flour, pumpkin pie spice, baking soda baking powder and salt. In a large bowl cream the softened butter and brown sugar together with electric mixer on high speed for 1-2 minutes until light and fluffy. Add in egg yolks, vanilla, mix on medium speed until pale and fluffy-about 1-2 minutes. Add in pumpkin and mix on medium-low speed to combine. Add in the dry ingredients and mix on low-speed just until combined. Scoop the dough with a 2-tablespoon cookie scoop and roll into balls-then roll in spiced sugar. (If dough is too sticky put into refrigerator for 10 minutes). Place cookie dough balls at least 2 inches apart on the baking sheets. Bake for 12-14 minutes (12 minutes for chewy, 14 for a crisper cookie). When done cookies will rise in center then fall. Let cookies rest for 15 minutes. Makes 18 cookies.

Special Comments

A special 'thank you' to the many people who join me weekdays to hear *'The Donna Seebo Show'* and *'Warriors for Peace'* from around the country and the world. Your emails, calls and wonderful letters make my day. It is always a joy to share the talents and information from people and other sources that can make our lives better. Should you have recipes, ideas and/or information you think my listeners might be interested in, please email the information to me. Do put *The Donna Seebo Show* in the subject line. Due to the tremendous amount of material received, I cannot promise that I will use it on my show but I do review everything that is sent.

For authors who are interested in being interviewed on my program, please send a copy of your book/CD/DVD publication along with your contact information and press kit to the address noted below. All materials are reviewed for content and if accepted, you will be called to schedule a date for an interview. Currently my interviews are booked two to three months in advance. It is always advisable to follow up with a phone call to be sure that your materials are received by my office.

You are always welcome to share this newsletter and if you have someone who would like to be added to the subscriber list, just send his/her name and email address to donnaseebo@comcast.net. Past newsletters are archived on my website, and you are welcome to review them at any time. If you desire to be deleted from the mailing just type unsubscribe in subject line.

For scheduling of private appointments (by telephone or in-person), information on gift certificates, speaking engagements, private parties, classes, etc., please contact my office at the telephone number listed at the bottom of this newsletter.

Do you know of children between the ages of 3 to 12 who love to read? Then you'll want to order *God's Kiss, The Magic Hat, and The Woodcutter & The Tree*, my three award-winning illustrated books and audio books. Go to my website, fill out the information and I will be delighted to personalize the books for that special child. We are celebrating our 22nd anniversary of 'Classics' publications and now have a website showing all of my children's publications and other products. Both e-books and audio e-books are now available as well.

You can listen to a 'free' preview of the audio book and view some of the art as well on <https://mrsseebosclassics.com>. Ed Gedrose is the illustrator for *God's Kiss* and Carol Ann Johnson is the illustrator for *The Magic Hat* and *The Woodcutter & The Tree*.

You can go to my website to order directly on Amazon, Create Space, and Kindle. To order, contact me via my website, <https://mrsseebosclassics.com> or call my office directly to find out more information. Be sure to like us on Facebook, LinkedIn, and Twitter.

*Have a magnificent day and remember....
“You are the Master of your Fate, the Captain of your Soul.”*

Donna Seebo - International Mental Practitioner/Psychic, Counselor, Award Winning Author, Speaker, Teacher, Radio/Television Personality, Minister and Radio/Television Talk Show Personality. Host/Producer of the International ‘Donna Seebo Show’... ‘Warriors for Peace’ radio shows, also The Donna Seebo Show, “Special Editions” television programs

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