

©The Donna Seebo Newsletter

August 1, 2022



A Moment with Donna...A Wise Man, Mr. Fudge

A number of years ago I became aware of a business man who ran a fudge shop. His primary employees were teenagers, high school students. He had always been supportive of the local schools and college environment, participating in various events, selling his delicious fudges of various flavors, and donating 50% of monies collected to whatever the fundraising function might be. You can image how popular his fudge products were, not just for the kids but for those kids of all ages with a sweet tooth.

One of the questions he is frequently asked, *Aren't you concerned about the young people working for you taking your various fudge's and eating them all up?* His response always was, *Nah, not a problem.*

A friend comes into the shop one day. It is just about closing time and this man feels badly that he is keeping Mr. Fudge after hours. Mr. Fudge assures him it is just fine, no problem. His family is at a rehearsal, his student employees have just left, and it is a perfect time to brew a fresh pot of coffee, serve up a plate of fudge, and enjoy taking time with a friend for some good conversation.

The shop is vibrant with the savory, sensuous smells of real vanilla, chocolate, almond, cinnamon and freshly chopped nuts. A few small wicker tables with matching chairs are in the open area of the shop. Two of those chairs, upholstered with whimsical cartoon characterizations, are quickly occupied by the two of them. Both men were very busy people and to take advantage of this opportunity to visit and relax...well, one just couldn't pass it up. Besides, free fudge and freshly brewed coffee! Pass that up? No way!

Mr. Fudge's friend was quite familiar with the delicious experience of eating Mr. Fudge's marvelous candy and upon putting small piece in his mouth he let it melt slowly so he could savor the textures and delicious flavors. He was in candy heaven.

Mr. Fudge and his friend settled happily in their chairs exchanging bits of conversation. Time seems to evaporate away when there is a phone call that interrupts their conversation. Mr. Fudge excuses himself answering the phone. His friend takes the opportunity to look at his watch and is astonished that more than an hour has passed.

When Mr. Fudge returns to the table, he tells his friend that Mrs. Fudge has called and that a bunch of kids were coming over to his house after the rehearsal and would he please bring a tray of various flavored fudges home in about an hour. Concerned about imposing upon Mr. Fudge, his friend apologizes for keeping him so late. Mr. Fudge raises his hand, moving it from side to side, *No worries, no worries. I love my work. To have time with a friend means a great deal to me. We are both busy people*

and if we don't take advantage of times like these...well, I think we miss the boat, so to speak. Mr. Fudge sits down, refills his cup of coffee and that of his friend.

Grabbing another piece of fudge and washing it down with a sip of fresh coffee his friend says, *I have a question I have always wanted to ask you.*

Shoot! Says Mr. Fudge.

You hire young people to work for you and you have no concern about them stealing. How come? With their appetites for sweet things, I would think they would clean you out!

Mr. Fudge just laughed out loud saying, *my friend, it's no big secret. I set boundaries and the kids follow them. That's all there is to it.*

Boundaries? What boundaries? Asked his friend.

Well, I hire a young person letting them know that being on time is very important. I teach them about the business from the ground up, starting with keeping the place clean, etc. They aren't allowed to work with the making of fudge until I see how competent they are. You see, they get to learn about inventory, keeping records, working with suppliers and customers. It takes time to develop skills and supervision is necessary.

You asked about the fudge. One of my rules is that while they are here working, or on break, they can eat as much fudge as they want, however, they are not to take any outside the shop but eat it here.

Are you serious? They can eat as much as they want? Really?

Yes. Ask any kid that has worked here, or is currently working here, and they'll tell you all about it.

Incredible! I am amazed at your generosity. I don't know that I would consider doing that. His friend shakes his head from side to side in disbelief.

It's quite simple really. They, in the beginning, eat lots of fudge...no limits at all. However, after a couple of weeks they are so satiated that they lose the desire for it. So, I have no concerns as they are then totally acquainted with our various flavors, can talk with the customers comfortably and rarely want to even taste fudge. No problem.

The phone rings again. It's Mrs. Fudge letting Mr. Fudge know more people are coming to their home than expected. Returning to the table, Mr. Fudge shares the message telling his friend that he has to leave. The two men get up, giving each other a hearty hug. The friend picks up his order and as he is leaving, turns to Mr. Fudge saying, *you are one very wise man.*

The bell on the entrance door jingles as his friend leaves. Mr. Fudge packs up a large container of his various fudges, checks around his shop on last time to be sure all is in order, and as he leaves his shop thinks to himself, *what a perfect ending to an already wonderful day. Time with a friend, good conversation, sharing my delicious fudge...I truly am a very rich man. And, my day isn't over! Ah, I love what I do.* Lights out, door locked, Mr. Fudge leaves, driving home to share more time and fudge with others.

Mr. Fudge is a very wise man as he understands human nature. He understands about the feeling of lack and how when that doesn't exist in one's environment there is no concern about limitations. He also realizes the value of spending time with his customers, friends and family, sharing his knowledge without fear of it being taken away.

We need more Mr. /Mrs. /Ms. Fudges. I wonder if an airplane load of delicious, fragrant fudge might shift the dynamics between Russia and the Ukraine? What do you think?

August is a power month. Enjoy its dynamics. Fudge anyone?

Donna Seebo

August's Chuckle

His new hybrid car was my friend's pride & joy. He was always bragging about it and boring his buddies to death.

As he was giving his buddies a ride one day, he pontificated, "They should have a special lane for people who care about the environment."

"They already do," came a voice from the backseat. "It's called a sidewalk." ~J. Sewell

Power Thought for August

"It has been said of the world's history that might makes right. It is for us and for our time to reverse the maxim and to say that right makes might." ~Abraham Lincoln

The Donna Seebo Show" & "Warriors for Peace"



Heard worldwide

"Delphi Vision Broadcasting" is celebrating its 21st year of positive and informative programming with 'The Donna Seebo Show' and its 8th year with 'Warriors for Peace'. Currently people in over 128 countries, including the United States, have listened to the shows.

I invite you to join me weekdays for insightful and uplifting programming. The theme of the program is 'Personal Empowerment'. Guests are featured from all over the world giving their knowledge and expertise to you - the listening audience

Go to **'The Donna Seebo Show' page**... <https://delphiinternational.com/donna-seebo-show/>

There you will find a player that enables you to connect to the 'live' show 8:00 pm to 9:00 pm, Monday through Friday, Pacific Time. The latest 13-15 hours of programming is available 24/7. Callers are welcome during the second half of the program – **Call in number - 253.582.5597.**

"Warriors for Peace" is aired on Wednesdays, 7:00 pm to 8:00 pm, Pacific Time. No calls are taken during this interview program.

To listen to any of the broadcasts at any time - click on the tower icon in the past show archives box- then choose the program you are interested in. Shows are available 24/7.

As of February 1st, 2022, we are featuring *The Author's Showcase*. You are invited to visit our new addition to *The Donna Seebo Show & Warriors for Peace* show page.

I look forward to having you join me and my guests at my global broadcasting table. Informative and fun, you are invited to join me weekdays where you can **"Light Up Your Life with A Little Bit of Insight"**. Be sure to tell your friends and family about this positive, informative programming available 24/7.

Special Note: Programming can be heard via these additional connections: IHeart Radio, iTunes, Alexa, TuneIn, Spotify and Nobex.



Featured Radio Guests on the Donna

Seebo Show



And Warriors for Peace – August 2022

- 1...The Change Guidebook – Elizabeth Guarino*
- 2...Living, Grieving – Karen Johnson*
- 3...Anxiety Warrior – Elke Scholtz*
- 4...The Dharma Bum's Guide – Dean Sluyter*
- 5...Ithyanna, Last Daughter of Atlantis – Don Edward Cook*
- 8...The Secret world of Stem Cell Therapy – Dr. von Schwarz*
- 9...Still on Fire – Renee Linell*
- 10...Discovering Your Mindful Heart – Dr. Ungerlei*
- 11...Whisper in the Heart – Parvati Markus*
- 12...No One Playing – Martin Wells - Romania*
- 15...Better Parenting with Enneagrams – Ann Gadd (So. Africa)*
- 16...Solartopia – Harvey Wasserman*
- 17...The Pain Solution – Dr. Saloni Sharma*
- 18...Brown & Gay in LA – Anthony Ocampo*
- 19...The Dreaming Circus – Jim Morrison*
- 22...Building Our Main Street – Kristian James*
- 23...Career Self-Care – Minda Zetlin*
- 24...To be announced*
- 25...The Waiting Room – Joan Peck*
- 26...To be announced*
- 29...Manifesting – Von Braschler*
- 30...To be announced*
- 31...The Protector – Tom Reilly (Ireland)*

Warriors for Peace

- 3...Leadership – The Warriors Art – Chris Kolenda*
- 10...And Evil Shall be Vanquished – Robert Conde*
- 17...Unruly Women – Falguni Sheth*
- 24...The Colony – Sally Denton*
- 31...The Way of the Wall Street Warrior – Dave Liu*

Upcoming Events & Broadcasts– August 2022

August 3rd, Wednesday...The Psychic Spectrum, Poodle Dog Restaurant, banquet room, Fife, Washington. I will be the keynote speaker. The Spectrum has just recently changed its opening time for speakers to 5pm. I will be arriving prior to 5pm, available for mini-sessions both before and after the program. I will also have lots of books with me. I look forward to seeing you there.

August 27th & 28th, Saturday & Sunday... VASA Resort, MeWe Fair, Bellevue, Washington. 11am-7pm. I will be speaking on Saturday, 12:30pm, at this event. I will be doing mini-readings, have lots of books, and even a variety of chocolates will be available at my vendor table. For more information contact Laureli Shimayo, 720.352.2434, www.laurleishimayo.com www.mewefairs.com.

September 24th, Saturday... The Emerald Spiral – Kent Commons, 525 4th Ave North, Kent, WA. This is a one-day event, Hours: 10am to 4pm. For more details go to www.emeralds spiral.com.

November 5th & November 6th, Saturday/Sunday... BEPC Expo, Kent Commons, Kent, WA. Saturday, 10am to 6pm. Sunday, 11am-5pm. Mini-readings, lots of books, and more, will be available at my vendor table. I will be speaking at this event, scheduled time to be determined. For more details go to www.BEPCweb.org.

Author's Alert

Any author can participate in a new opportunity, **The Author's Showcase**. This new format enables an author/PR agencies/publishing houses to have visibility for their publication(s) that I have been unable to offer previously. If you are interested in participating, please call my office for more details, 253.582.5604. Thank you.



What's Your Story?

I am in the process of putting together a publication "Stories People Tell Me". I have had a number of submissions and I am looking for an additional 25 stories about paranormal experiences, UFO's, aura's and the unique and unusual not logical happenings that make us aware that life is anything but boring. Please send submissions to donnaseebo@comcast.net. Do send your contact information as well (phone number, etc.) Thank you.

The War in the Ukraine

On Sunday, July 31st, I was made aware of this powerful video. I share it with you as the message is a profound one. This link takes you right to the video. Thank you for watching.

<https://psychicspectrum.com/end-the-war-in-ukraine>

Golden Nuggets, True Stories about Real People & History

A tour of MARS in 4K

This video is a composite & has been taken by the three Rovers which America landed on Mars. The footage is brilliant, and your imagination will convince you that in certain scenes you can almost feel where the water/lakes/seas would have been.

Otherwise, there is nothing appealing about its geography now. Utter desolation awaits anybody travelling there on a mission. Not a tree in sight. Just rocks and dust.

What it does tell you however...is the sheer ingenuity of man in designing spacecraft like these, landing them, remotely operating them, assembling the thousands of images & transmitting them back to Earth.

A helicopter is next. It is planned to fly at low gravity, doing expansive aerial shots of the red planet. Just incredible! <https://www.youtube.com/embed/ZEyAs3NWH4A>



The Recipe Box... No-Cook Fruit & Nut Chocolate Fudge

As a compliment to my editorial, I wanted to share with you this easy, simple recipe that you, your family and friends can enjoy anytime. Six ingredients that's all that is required and this fudge will keep for 2 weeks in the frig. Whenever that chocolate attack hits, this may become a favorite support recipe, as you can put it together really quickly, altering some of the ingredients if you so desire to suit your taste.

Ingredients: 9 oz. dark chocolate, 2 Tbls. butter, 4 Tbls. evaporated milk, 3 cups confectioner's sugar-sifted, ½ cup roughly chopped nuts (walnuts are my favorite), 1/3 cup candied cherries (or raisins, or candied fruit of choice).

Directions: Lightly grease an 8-inch square cake pan. Break the chocolate into pieces and melt in a double boiler with the butter and evaporated milk. Stir until the chocolate and butter have melted and the ingredients are well combined. Remove from the heat and gradually beat in the confectioner's sugar. Stir the nuts and fruit into the mixture. Press the fudge into the prepared pan and level the top. Chill until firm. Once cooled, tip the fudge out onto a cutting board and cut into squares. Makes about 25 pieces. (You can place the squares into paper candy cases if giving as a gift.)

Special Comments

A special 'thank you' to the many people who join me weekdays to hear '*The Donna Seebo Show*' and '*Warriors for Peace*' from around the country and the world. Your emails, calls and wonderful letters make my day. It is always a joy to share the talents and information from people and other sources that can make our lives better. Should you have recipes, ideas and/or information you think my listeners might be interested in, please email the information to me. Do put *The Donna Seebo Show* in the subject line. Due to the tremendous amount of material received, I cannot promise that I will use it on my show but I do review everything that is sent.

For authors who are interested in being interviewed on my program, please send a copy of your book/CD/DVD publication along with your contact information and press kit to the address noted below. All materials are reviewed for content and if accepted, you will be called to schedule a date for an interview. Currently my interviews are booked two to three months in advance. It is always advisable to follow up with a phone call to be sure that your materials are received by my office.

You are always welcome to share this newsletter and if you have someone who would like to be added to the subscriber list, just send his/her name and email address to donnaseebo@comcast.net. Past newsletters are archived on my website, and you are welcome to review them at any time. If you desire to be deleted from the mailing just type unsubscribe in subject line.

For scheduling of private appointments (by telephone or in-person), information on gift certificates, speaking engagements, private parties, classes, etc., please contact my office at the telephone number listed at the bottom of this newsletter.

Do you know of children between the ages of 3 to 12 who love to read? Then you'll want to order *God's Kiss*, *The Magic Hat*, and *The Woodcutter & The Tree*, my three award-winning illustrated books and audio books. Go to my website, fill out the information and I will be delighted to personalize the books for that special child. We are celebrating our 22nd anniversary of 'Classics' publications and

now have a website showing all of my children's publications and other products. Both e-books and audio e-books are now available as well.

You can listen to a 'free' preview of the audio book and view some of the art as well on www.mrsseebosclassics.com. Ed Gedrose is the illustrator for *God's Kiss* and Carol Ann Johnson is the illustrator for *The Magic Hat* and *The Woodcutter & The Tree*.

You can go to my website to order directly on Amazon, Create Space, and Kindle. To order, contact me via my website, www.mrsseebosclassics.com or call my office directly to find out more information. Be sure to like us on Facebook, LinkedIn, and Twitter.

Have a magnificent day and remember....

"You are the Master of your Fate, the Captain of your Soul".

Donna Seebo - International Mental Practitioner/Psychic, Counselor, Award Winning Author, Speaker, Teacher, Radio/Television Personality, Minister and Host of the International 'Donna Seebo Show' and 'Warriors for Peace'

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