



*A Moment with Donna.....Voices of the Future*

<https://www.youtube.com/watch?v=XB6yjGVuzVo> .....Submitted by B.G., California

When I watched the video noted above, not only was I impressed by the wonderful music and its arrangement, but also the sincerity of the young singers and the conductor/arranger of this wonderful array of talent. We are so fortunate to have the technology of today to bring this and other performances to people around the world in such an amazing format.

2021...finally it is here...now what?! In truth, it is just another cycle of the same old same stuff...but is it?

Here in the Pacific Northwest, it is rainy and cold outside, the days are short, lockdown is still in place...why celebrate a New Year? Why? Because life is a beautiful gift and for every challenge we have to face, our resilience and determination to survive change get stronger. This is the time for creativity to be in touch with that childlike part of the self that looks at the world with awe and wonder.

Let yourself rise to the moment of being in touch with your most sincere dreams and aspirations. No matter what your age may be, or your current circumstances, you do have choice. You have choice over how you think, the plans you make, and the actions you initiate.

There was once a couple so broke they had to use a wooden crate for their dining table in their tiny one room apartment. They were in circumstances called poverty, by those that knew them. However, they had a habit. After their meager dinner, they had a journal and would write down their desires of having a nice home, good food, etc. They also made notes about what they were grateful for each day. That old wooden crate, so bare and rickety, held its strength of form as they wrote out their dreams and more. They would describe in detail what they could see in their minds eye, pretending just like children do, how they would live in their new surroundings.

It took this couple 10 years to achieve all of what they wrote out in those early years. Hard work, never giving up. learning new skills...all kinds of effort went into the process. They never tired of talking out loud with each other what was in their hearts and minds. They noticed how *magic* happened in phases.

Why not take a chance this first month of 2021 to write out what is important to you and what you want to achieve? What is most meaningful to you mentally, physically, spiritually, and emotionally? No dream is too big, no sincere aspiration frivolous...come from your heart then release it to the Universe after you write it all out. Then take the paper(s), put it/them into an envelope, date it, and once a month review it to see if you want to revise anything. Don't be concerned how action will come about to take care of what needs to be resolved. Be aware that sometimes...actually quite frequently...you may have to wait a while for manifestation, just keep the faith. Be alert for opportunity when she knocks.

You are the power source in your life. Unleash that inner giant of genius within yourself and let your light shine. You are here for a purpose and are a significant part of this experience we call life.

Embrace the moment, give the gift of dreaming, imagining and then take action, one step at a time, one day at a time. Let miracles flow into your life because you have used your magic wand. That magic wand of action, imagination, and the willingness to work with the Universe's natural laws. Invest in a journal, write and welcome that inner child of self who is always ready for new adventures of self-discovery. Your voice can be heard for a positive future, just like the young people in the video.

This is your year...this is your life...let 2021 begin its magic.

Happy New Year everyone!

*Donna Seebo*

### *January's Power Thought*

“When confronted with two courses of action I jot down on a piece of paper all the arguments in favor of each one-then on the opposite side I write the arguments against each one. Then by weighing the arguments pro and con and canceling them out, one against the other, I take the course indicated by what remains.” ~Benjamin Franklin

### *January's Chuckle*

On the way to meet my husband at a restaurant, I realized that I didn't have my phone and immediately panicked. I needn't have worried. He saw my phone on the couch at home and brought it with him. When he arrived, I checked my texts. There was only one, and it was from him: “I'm on my way, and I have your phone.” M.S., Florida

*The Donna Seebo Show*

&

*Warriors for Peace*



*Heard worldwide*

“Delphi Vision Broadcasting” is celebrating its 20<sup>th</sup> year of positive and informative programming with ‘The Donna Seebo Show’ and its 7<sup>th</sup> year with ‘Warriors for Peace’. Currently people in over 128 countries, including the United States, have listened to the shows.

I invite you to join me weekdays for insightful and uplifting programming. The theme of the program is ‘Personal Empowerment’. Guests are featured from all over the world giving their knowledge and expertise to you - the listening audience

Go to **‘The Donna Seebo Show’ page. Direct Link:**

<http://www.delphiinternational.com/VisionBroadcasting/VisionBroadcasting.html> .

There you will find a player that enables you to connect to the ‘live’ show 8:00 pm to 9:00 am, Monday through Friday, Pacific Time. Callers are welcome during the second half of the program – **Call in number - 253.582.5597.**

*“Warriors for Peace”* is aired on Wednesdays, 7:00 pm to 8:00 pm, Pacific Time. No calls are taken during this interview program.

To listen to any of the broadcasts at any time - click on the tower icon in the past show archives box- then choose the program you are interested in. Shows are available 24/7.

I look forward to having you join me and my guests at my global broadcasting table. Informative and fun, you are invited to join me weekdays where you can *“Light Up Your Life with A Little Bit of Insight”*. Be sure to tell your friends and family about this positive, informative programming available 24/7.

**Special Note: Programming can be heard via these additional connections: IHeart Radio, iTunes, Alexa, TuneIn, and Nobex.**



### *What's Your Story?*

I am in the process of putting together a publication “Stories People Tell Me”. I have had a number of submissions and I am looking for an additional 25 stories about paranormal experiences, UFO’s, aura’s and the unique and unusual not logical happenings that make us aware that life is anything but boring. Please send submissions to [donnaseebo@comcast.net](mailto:donnaseebo@comcast.net). Do send your contact information as well (phone number, etc.) Thank you.

## *Featured Radio Guests on the Donna Seebo Show* *Upcoming Guests – January 2021*

1. Happy New Year – 2021
4. Till the End of Time – Sylvia Anthony
5. Discovery Channel – Monique Idlett-Mosley
6. A Better Man – Michael Ian Black
7. The Spark – Stephanie James
8. In Case You Get Hit By A Bus – Gene Newman
11. Nothing Bad Between Us – Marlena Fiol
12. Julian of Norwich – Matthew Fox
13. Disembodied Voices – Tim Marczenko
14. African Women Water Champions – Gemma Bulos
15. Passenger – Pramila La Honte (London)
18. Sports Journalism – Patrick Washburn
19. Whole Person Integrative Eating – Deborah Kesten
20. Vibrational Sound Healing – Erica Longdon (London)
21. Happy Soul, Hungry Mind – Ravi Kathuria
22. Shamanic Mysteries of Peru – Vera Lopez
25. 12 Rules of Attention – Dr. Cardillo
26. Student Engaged Assessment – Mary Ann Burke

- 27. Ginger's International Pet Rescue - Sian
- 28. The Chinese Medicine Companion – Dr. Misha Cohen
- 29. To be announced

### *Warriors for Peace*

- 6. Success After Service – Lida Citroen
- 13. Voice of Rebellion – Roberta Staley
- 20. Overcoming Hate Through Dialogue – Ozlem Cekic (Denmark)
- 27. Overcome – Jason Redman



*At this time no appearances are being scheduled for January.*

***A Special Note:*** *The North West Women's Show that typically takes place in Spring may not be taking place until June of this year. With the Covid situation the organizers are patiently waiting to see what evolves with the current conditions. I will be sure to let you know if and when the show will be taking place. Also, the other public events will be on hold until we are notified otherwise.*

### *Golden Nuggets – True Stories about Real People*

Submitted by M.P., Alaska...(Original author of article unknown)

#### *Story Number One*

Many years ago, Al Capone virtually owned Chicago. Capone wasn't famous for anything heroic. He was notorious for enmeshing the windy city in everything from bootlegged booze and prostitution to murder.

Capone had a lawyer nicknamed "Easy Eddie." He was Capone's lawyer for a good reason. Eddie was very good! In fact, Eddie's skill at legal maneuvering kept Big Al out of jail for a long time.

To show his appreciation, Capone paid him very well. Not only was the money big, but Eddie got special dividends, as well. For instance, he and his family occupied a fenced-in mansion with live-in help and all of the conveniences of the day. The estate was so large that it filled an entire Chicago City block. Eddie lived the high life off the Chicago mob and gave little consideration to the atrocity that went on around him.

Eddie did have one soft spot, however. He had a son that he loved dearly. Eddie saw to it that his young son had clothes, cars, and a good education. Nothing was withheld. Price was no

object. And, despite his involvement with organized crime, Eddie even tried to teach him right from wrong. Eddie wanted his son to be a better man than he was. Yet, with all his wealth and influence, there were two things he couldn't give his son; he couldn't pass on a good name or a good example.

One day, Easy Eddie reached a difficult decision. Easy Eddie wanted to rectify wrongs he had done. He decided he would go to the authorities and tell the truth about Al "Scarface" Capone, clean up his tarnished name, and offer his son some semblance of integrity. To do this, he would have to testify against The Mob, and he knew that the cost would be great. So, he testified.

Within the year, Easy Eddie's life ended in a blaze of gunfire on a lonely Chicago street. But in his eyes, he had given his son the greatest gift he had to offer, at the greatest price he could ever pay. Police removed from his pockets a rosary, a crucifix, a religious medallion, and a poem clipped from a magazine. The poem read: ***"The clock of life is wound but once, and no man has the power to tell just when the hands will stop, at late or early hour. Now is the only time you own. Live, love, toil with a will. Place no faith in time. For the clock may soon be still."***

### **STORY NUMBER TWO**

World War II produced many heroes. One such man was Lieutenant Commander Butch O'Hare. He was a fighter pilot assigned to the aircraft carrier Lexington in the South Pacific. One day his entire squadron was sent on a mission. After he was airborne, he looked at his fuel gauge and realized that someone had forgotten to top off his fuel tank. He would not have enough fuel to complete his mission and get back to his ship. His flight leader told him to return to the carrier. Reluctantly, he dropped out of formation and headed back to the fleet.

As he was returning to the mother ship, he saw something that turned his blood cold; a squadron of Japanese aircraft was speeding its way toward the American fleet. The American fighters were gone on a sortie, and the fleet was all but defenseless. He couldn't reach his squadron and bring them back in time to save the fleet. Nor could he warn the fleet of the approaching danger. There was only one thing to do. He must somehow divert them from the fleet.

Laying aside all thoughts of personal safety, he dove into the formation of Japanese planes. Wing-mounted 50 caliber's blazed as he charged in, attacking one surprised enemy plane and then another. Butch wove in and out of the now broken formation and fired at as many planes as possible until all his ammunition was finally spent.

Undaunted, he continued the assault. He dove at the planes, trying to clip a wing or tail in hopes of damaging as many enemy planes as possible, rendering them unfit to fly. Finally, the exasperated Japanese squadron took off in another direction.

Deeply relieved, Butch O'Hare and his tattered fighter limped back to the carrier. Upon arrival, he reported in and related the event surrounding his return. The film from the gun-camera mounted on his plane told the tale. It showed the extent of Butch's daring attempt to protect his fleet. He had, in fact, destroyed five enemy aircraft. This took place on February 20, 1942, and for that action Butch became the Navy's first Ace of W.W.II, and the first Naval Aviator to win the Congressional Medal of Honor.

A year later Butch was killed in aerial combat at the age of 29. His home town would not allow the memory of this WW II hero to fade, and today, O'Hare Airport in Chicago is named in tribute to the courage of this great man.

So, the next time you find yourself at O'Hare International, give some thought to visiting Butch's memorial displaying his statue and his Medal of Honor. It's located between Terminals 1 and 2.

SO...WHAT DO THESE TWO STORIES HAVE TO DO WITH EACH OTHER?

***Butch O'Hare was "Easy Eddie's" son.***



### *The Recipe Box...Mushroom Quiche with Stuffing Crust*

If you are like me you want a lighter fare after all of the holiday feasting. This makes for a delightful breakfast or dinner meal. Combine it with a salad and hot crusty bread...it is good eats. This recipe was shared by my friend, Leo Pearlstein and I think you will find it becomes a favorite item in your meal planning.

**Ingredients:** **Crust**-3 cups cornbread stuffing mix,  $\frac{3}{4}$  cup hot water, 3 Tbls.melted butter.

**Filling**-2 Tbls. butter, 1 bunch green onions-chopped coarsely, 8 oz. fresh mushrooms-sliced, 3 eggs-beaten, 1  $\frac{1}{2}$  cups cream, 1 cup grated Swiss or Monterey Jack cheese, salt, pepper and ground nutmeg to taste.

**Directions:** Preheat oven to 350 degrees. Lightly spray a 9-inch quiche pan or deep-dish pie pan with nonstick cooking spray and set aside. To prepare the *crust*, combine the stuffing mix, hot water and butter in a medium-sized bowl. Press the mixture against the bottom and sides of the prepared pan and bake for 20 minutes, or until golden brown. Remove from the oven and allow to cool. To prepare the *filling*, place the butter in a large skillet and melt over medium heat. Add the green onions and mushrooms and sauté for about 5 minutes, or until vegetables are soft. Combine all of the remaining filling ingredients in a large bowl. Stir in the sauteed vegetables. Spoon the mixture into the cooled crust and place on a flat baking pan to catch any spills. Bake for 45 to 60 minutes, or until the quiche seems set when shaken and a knife inserted near the edge comes out clean. Slice.

### *Special Comments*

A special 'thank you' to the many people who join me weekdays to hear '*The Donna Seebo Show*' and '*Warriors for Peace*' from around the country and the world. Your emails, calls and wonderful letters make my day. It is always a joy to share the talents and information from people and other sources that can make our lives better. Should you have recipes, ideas and/or information you think my listeners might be interested in, please email the information to me. Due to the tremendous amount of material received, I cannot promise that I will use it on my show, but I do review everything that is sent.

For authors who are interested in being interviewed on my programs, please send a copy of your book/CD/DVD publication along with your contact information to the address noted below. All materials are reviewed for content and if accepted, you will be called to schedule a date for an interview. Currently my interviews are booked two to three months in advance. It is always advisable to follow up with a phone call to be sure that your materials are received by my office.

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Do you know of children between the ages of 3 to 12 who love to read? Then you'll want to order *God's Kiss*, *The Magic Hat*, and *The Woodcutter & The Tree*...my award-winning illustrated

children's books and audio books. Go to my website, fill out the information, and I will be delighted to personalize the books for that special child. We are celebrating our 27th anniversary of 'Classics' publications and our website shows the illustrations of our children's publications, samples of the audio books and other non-fiction publications. E-books and audio books are also available.

You can go to my website to order directly, or Amazon, Create Space, and Kindle. These books are beautifully illustrated by Ed Gedrose and Carol Ann Johnson. You can listen to a 'free' preview of the audio book and view some of the art as well on Mrs. Seebo's Classics website, [www.mrsseebosclassics.com](http://www.mrsseebosclassics.com). Be sure to like us on Facebook, LinkedIn, and Twitter.

*Have a magnificent day and remember....*

*You are the Master of your Fate, the Captain of your Soul.*

*Donna Seebo - International Mental Practitioner/Psychic, Counselor, Award Winning Author, Speaker, Teacher, Radio/Television Personality, Minister and Host of the International 'Donna Seebo Show' and 'Warriors for Peace'*

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