



A Moment with Donna...Christmas Roots

Christmas lights fill lots of spaces within our Christmas tree. They illuminate our home, creating a special kind of magic that comes with the holidays. Twinkling in different colors, the lights highlight the decorations accumulated through the years. Many of the various ornaments have special stories that are fun to share with visitors that are curious about them, like the crystal-clear ball that has a floating gold angel inside.

Each year memory clips are revisited as the ornaments are released from their confining containers, reminding me of the people who gifted some of them, others made by people in different countries...like a red/white/gold hot air balloon exquisitely crafted by a woman in Peru with tiny beads that glisten in the lights surrounding its place on the tree. Then, there are the amazing bread ornaments made with such fine detail and design, you wonder at the phenomenal talent, creativity and patience of the artist. Every ornament, from the plainest to the most ornate, originated with a thought, then was brought forth with careful planning, testing, and finally, the production of the final product.

For thousands of years humans have enjoyed celebrations of the various seasons. Christmas, as we know it today, has roots going back to very ancient times. With the long dark nights, Winter Solstice gave the opportunity for community, fellowship and the awareness of the value of the season's gifts. Our ancestors were very much aware of the fragility of life. To celebrate was to inspire hope, living each moment to the best of their capacities.

When I think of the changes my grandparents saw in the century they lived through, it is quite astonishing. I think about our time frame and feel a bit of awe at the incredible fast-paced changes in technology, medicine, and so many other areas of life that we have experienced in just the last 20 years. We humans have the capacity to benefit and also destroy what is around us. That seems to be a consistent aspect of reality that we have had to deal with throughout our evolution as a species.

We are a Heinz 57 mixture of millions of ancestors, some of which we are only now learning about. We are hybrids of unique combinations. The human family is so diverse, and we all have needs, desires, aspirations, love, and everything else that comes with our human packaging of life experiences. These realities connect us all.

This is the time of year, the season, to connect with yourself, to realize you are not alone, that you already are a part of something so magnificent...LIFE...that it is impossible to see the greatness of it all.

Just like it takes a multitude of lights to illuminate a tree and its ornaments, so it takes each and everyone of us to bring our light to the table of life. We are like a living chain of hope and resourcefulness. When we work together, what is perceived as impossible shifts into possible. That which seemingly has gone backwards, we can move forward, making a solid transformation by being true to the real roots of the human spirit...Integrity, honesty, responsibility, creativity, generosity, hard work, healthy competition, innovation, and much more.

Celebrate this season by being grateful, realizing that a New Year is just around the corner of time, and you have the marvelous opportunity, should you choose to accept it, to reframe, rescript what is most meaningful to you.

I wish you and all of those you love, the happiest and most joyful holiday season.

Donna Seebo

December's Chuckle

"My friend just named her chicken after me, I do not need a MacArthur or Pulitzer anymore, do I?"
~Susan Orlean, Author

December's Power Quote

Your Greatness is measured by your kindness –
Your education and intellect by your modesty –
Your ignorance is betrayed by your suspicions and prejudices –
Your real caliber is measured by the consideration and tolerance you have for others.
~ Wm. J.H. Boetcker



December 4th & 5th ...MeWe Fair, Bellevue, Washington. It is so exciting to have this event in December. There are so many wonderful and talented people who will have all kinds of unique and colorful items to sell and share for the holiday season. We will be meeting at the following location – Vasa Park Resort, 3560 W. Lake Sammamish Pkwy SE, Bellevue, WA 98008 - and you can find out all of the details regarding parking, etc., by going to their website...www.MeWeFairs.com. I will be speaking at this event and will be in Booth 67 with lots of books and available for mini-consultations.

December 28th ...The Jiggy Jaguar Show with James Lowe. This live broadcast/interview will be at 1pm, Pacific Time, 3pm-Central, and 4pm-EST. For more information check www.jiggyjaguarshow.com or www.KJAGRadio.com.

Monday - January 10, 2022 – Thurston County LANDS Meeting, Timberline Lacey Library. 1:00pm-4:00pm. I will be the keynote speaker for the afternoon. Everyone is welcome. Please check with Jackie Huetter for any additional details. 360.459.8121 or 360.999.6677. There is public parking.

A Special Note: The North West Women's Show has been rescheduled to March 12 & 13, 2022. Be sure to mark your 2022 calendars when you get them so you won't miss this fabulous event. More details will be forthcoming as they become available.



And Warriors for Peace – December 2021

- 1...Go In Joy – Joy Resor
- 2...Wicked Coeur d'Alene – Deborah Cuyle
- 3...Christmas in Cincinnati – Wendy Beckman
- 6...Cooking with Truffles – Susi Gottseguret
- 7...A Gift Most Rare – Tom Leihbacher
- 8...To My Beloveds – Jennifer Bailey
- 9...A Little Spark – Chris Parsons
- 10...Regency Christmas & Royal Navy – Carla Kelly
- 13... Purpose, Passion & Pajamas – Genevieve Piturro
- 14...Bride of Buddha – Barbara McHugh

15...*Crisis & Compromise* – Robert Kimball
 16...*Flesh 'N Blood* – N. West-Moss
 17...*From the Ordinary to the Extraordinary* – Lucid Nation
 20...*To be announced*
 21...*To be announced*
 22...*Empath Activation Cards* – Red Feather
 23...*Loving Your Place on the Spectrum* – Jude Morrow (Ireland)
 24...*Christmas Special* – being played both Christmas Eve and Christmas Day
 25 – *Merry Christmas everyone!*
 27...*To be announced*
 28...*It's Not Always Right to Be Right* – Hammish Thomson (Australia)
 29...*The Lighthouse Keeper* – David Richards
 30...*A Culinary History of Chesapeake Bay, Virginia* – Tangie Holifield
 31...*To be announced*

Warriors for Peace

1...*Susan Angelina Collins, with a Hallelujah Heart* – Janis Van Buren
 8...*With Honor & Integrity* – Transgender Troops – Bree Fram
 15...*The Noble Edge* – Christopher Gilbert
 22...*Dear Bob, Bob Hope's Wartime Correspondence with G.I's of WWII* – Martha Bolton
 29...*Mended Wings* – Colin P. Cahoon

The Donna Seebo Show" & "Warriors for Peace"



Heard worldwide

"Delphi Vision Broadcasting" is celebrating its 20th year of positive and informative programming with 'The Donna Seebo Show' and its 7th year with 'Warriors for Peace'. Currently people in over 128 countries, including the United States, have listened to the shows.

I invite you to join me weekdays for insightful and uplifting programming. The theme of the program is 'Personal Empowerment'. Guests are featured from all over the world giving their knowledge and expertise to you - the listening audience

Go to 'The Donna Seebo Show' page...<https://delphiinternational.com/donna-seebo-show/>

There you will find a player that enables you to connect to the 'live' show 8:00 pm to 9:00 pm, Monday through Friday, Pacific Time. Callers are welcome during the second half of the program – **Call in number - 253.582.5597.**

"Warriors for Peace" is aired on Wednesdays, 7:00 pm to 8:00 pm, Pacific Time. No calls are taken during this interview program.

To listen to any of the broadcasts at any time - click on the tower icon in the past show archives box- then choose the program you are interested in. Shows are available 24/7.

I look forward to having you join me and my guests at my global broadcasting table. Informative and fun, you are invited to join me weekdays where you can "*Light Up Your Life with A Little Bit of Insight*". Be sure to tell your friends and family about this positive, informative programming available 24/7.

Special Note: Programming can be heard via these additional connections: IHeart Radio, iTunes, Alexa, TuneIn, Spotify and Nobex.

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Author's Alert

Any author that has been featured on one of my programs can participate in a new set of programs, *The Author's Corner or The Author's Showcase*. Each of these formats enables an author/PR agencies/publishing houses to have visibility for their publication(s) that I was unable to offer before. If you are interested in participating, please call my office for more details, 253.582.5604. Thank you.



I am in the process of putting together a publication "Stories People Tell Me". I have had a number of submissions and I am looking for an additional 25 stories about paranormal experiences, UFO's, aura's and the unique and unusual not logical happenings that make us aware that life is anything but boring. Please send submissions to donnaseebo@comcast.net. Do send your contact information as well (phone number, etc.) Thank you.

Golden Nuggets – True Stories about Real People

This video shares an awesome accomplishment that was created here in the United States.

Submitted by C. Adams, Texas

<https://www.youtube.com/embed/ls1oIstcAGw?rel=0;controls=0;showinfo=0>



This is a delicious and unique cookie for the holidays and only contains 3 ingredients. One of my guests, Charmian Christie, shared this last year and it is a real winner. Try it...I think you'll like it ☺.

Ingredients: ¼ cup roasted pistachios, divided, ¼ cup dried cranberries, divided and 8 ounces white chocolate, chopped.

Directions: You'll need one baking sheet lined with parchment paper. Set aside 12 pistachios and 12 cranberries in separate small bowls for the garnish. Chop the remaining pistachios and cranberries separately. In a medium microwave-safe bowl, heat the white chocolate on High in 15-second intervals, stirring in between. (You can melt the chocolate on the stove, low temperature, stir until smooth.) Once the chocolate is melted and smooth, stir in the chopped pistachios and cranberries. Using a spoon, drop the mixture onto the prepared baking sheet, creating 12 clusters spaced apart. Top each with a reserved pistachio and cranberry. Let cool completely at room temperature. These can be stored up to two weeks.

Special Comments

A special' thank you' to the many people who join me weekdays to hear '*The Donna Seebo Show*' and '*Warriors for Peace*' from around the country and the world. Your emails, calls and wonderful letters make my day. It is always a joy to share the talents and information from people and other sources that can make our lives better. Should you have recipes, ideas and/or information you think my listeners might be interested in, please email the information to me. Do put *The Donna Seebo Show* in the subject line. Due to the tremendous amount of material received, I cannot promise that I will use it on my show but I do review everything that is sent.

For authors who are interested in being interviewed on my program, please send a copy of your book/CD/DVD publication along with your contact information and press kit to the address noted below. All materials are reviewed for content and if accepted, you will be called to schedule a date for an interview.

Currently my interviews are booked two to three months in advance. It is always advisable to follow up with a phone call to be sure that your materials are received by my office.

You are always welcome to share this newsletter and if you have someone who would like to be added to the subscriber list, just send his/her name and email address to donnaseebo@comcast.net. Past newsletters are archived on my website, and you are welcome to review them at any time. If you desire to be deleted from the mailing just type unsubscribe in subject line.

For scheduling of private appointments (by telephone or in-person), information on gift certificates, speaking engagements, private parties, classes, etc., please contact my office at the telephone number listed at the bottom of this newsletter.

Do you know of children between the ages of 3 to 12 who love to read? Then you'll want to order ***God's Kiss, The Magic Hat, and The Woodcutter & The Tree***, my three award-winning illustrated books and audio books. Go to my website, fill out the information and I will be delighted to personalize the books for that special child. We are celebrating our 22nd anniversary of 'Classics' publications and now have a website showing all of my children's publications and other products. Both e-books and audio e-books are now available as well.

You can listen to a 'free' preview of the audio book and view some of the art as well on www.mrsseebosclassics.com. Ed Gedrose is the illustrator for *God's Kiss* and Carol Ann Johnson is the illustrator for *The Magic Hat* and *The Woodcutter & The Tree*.

You can go to my website to order directly on Amazon, Create Space, and Kindle. To order, contact me via my website, www.mrsseebosclassics.com or call my office directly to find out more information. Be sure to like us on Facebook, LinkedIn, and Twitter.

***Have a magnificent day and remember....
"You are the Master of your Fate, the Captain of your Soul".***

***Donna Seebo - International Mental Practitioner/Psychic, Counselor, Award Winning Author, Speaker,
Teacher, Radio/Television Personality, Minister and
Host of the International 'Donna Seebo Show' and 'Warriors for Peace'***

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