



A Moment with Donna ... The Treasure Chest

Wow! What an incredible summer this has been so far. Record breaking temperatures, first public appearances/events being done since 2019, new opportunities evolving after more than a year and a half of lockdown conditions, and so much more. We most definitely are living in dramatic times of change and emerging shifts that are producing innovation, different applications of technology, plus a lot of other things, bringing the awareness of reality that life doesn't stand still for anyone.

I came across a poem I thought I'd share this month...the author is unknown.

*I hold it true that thoughts are things; they're endowed with bodies and breath
& wings; and that we send them forth to fill the world with good results or ill.
That which we call our secret thought speeds forth to earth's remotest spot,
leaving its blessings or its woes, like tracks behind it as it goes.
We build our future, thought by thought, for good or ill, yet know it not,
yet so the Universe was wrought.
Thought is another name for fate; choose then, thy destiny and wait,
for love brings love and hate brings hate.*

We are powerhouses of unlimited potential. Within each of us is a treasure chest of gems that are waiting for us to discover. What would you imagine your treasure chest to look like? What would it take for you to open up to your inner self to discover the gems of talent, character, dreams that you hold captive in your heart and mind? Some of those gems are your mind, your thinking, your imagination, your creativity...let's focus on the one, your thinking process.

Just because we have been in a lockdown condition doesn't mean we are braindead for heaven's sake. Let's shake out our mental cobwebs and get busy getting in touch with our deeper selves, evaluating our strengths/weaknesses, and start moving forward into recognizing what we want to bring into our lives and what we want to toss out.

This time of the year, the lazy, crazy days of summer, are perfect for daydreaming, looking at what we want to explore, expand our learning about, choosing the environments of people and activities we want to be a part of, being enthusiastic about stepping up to and into life and its possibilities.

Everything that has ever existed began with a thought...don't forget, you are here because of a 'twinkle in your daddy's eye', as the old saying goes.

As you go about your daily activities, pay attention to what is going on around you. Take time to pull out of your inner treasure chest some of those valuable gems that will enrich your life, like curiosity, dreams that need to be polished and viewed, imagination's diamonds of creativity...you choose. Start a journal where you can write about those gems that make your heart sing. Periodically, pull out your journal and ask yourself how you might go about achieving that which means the most to you. Then take those steps and interact with the environments and people who can support those inner gems of discovery

you hold dear. Don't be concerned about how the conditions will evolve, just move forward as needed. Don't be surprised when doors of opportunity start opening for you in the most unexpected ways.

Summer holds a special magic in her warm, bright presence. Yes, I believe in magic. Set intention, take action, sprinkle with decisiveness, add a pinch of faith, a huge scoop of patience, and you'll have a rich result that will be amazing.

May this summer be a joyous one for you and yours.

Donna Seebo

August's Power Quote

"I keep the telephone of my mind open to peace, harmony, health, love and abundance. Then, whenever doubt, anxiety, or fear try to call me, they keep getting a busy signal – and they'll soon forget my number. ~Edith Armstrong

August's Chuckle

When our tour group entered a cafeteria or breakfast, the woman walking in with me made a beeline for the carrot cake. But just as she reached for a slice, she thought better of it and withdrew her hand. As she turned away, I heard her murmur, "No, it's too early for vegetables." ~MM, Colorado

The Donna Seebo Show

&

"Warriors for Peace"



Heard worldwide

"Delphi Vision Broadcasting" is celebrating its 20th year of positive and informative programming with 'The Donna Seebo Show' and its 7th year with 'Warriors for Peace'. Currently people in over 128 countries, including the United States, have listened to the shows.

I invite you to join me weekdays for insightful and uplifting programming. The theme of the program is 'Personal Empowerment'. Guests are featured from all over the world giving their knowledge and expertise to you - the listening audience

Go to '*The Donna Seebo Show*' page... <https://delphiinternational.com/donna-seebo-show/>

There you will find a player that enables you to connect to the 'live' show 8:00 pm to 9:00 pm, Monday through Friday, Pacific Time. Callers are welcome during the second half of the program – **Call in number - 253.582.5597.**

"*Warriors for Peace*" is aired on Wednesdays, 7:00 pm to 8:00 pm, Pacific Time. No calls are taken during this interview program.

To listen to any of the broadcasts at any time - click on the tower icon in the past show archives box- then choose the program you are interested in. Shows are available 24/7.

I look forward to having you join me and my guests at my global broadcasting table. Informative and fun, you are invited to join me weekdays where you can "*Light Up Your Life with A Little Bit of Insight*". Be sure to tell your friends and family about this positive, informative programming available 24/7.

Special Note: Programming can be heard via these additional connections: IHeart Radio, iTunes, Alexa, TuneIn, Spotify and Nobex.



Featured Radio Guests on the Donna Seebo Show

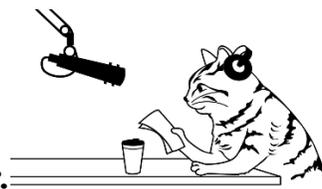


And Warriors for Peace – August 2021

- 2.... *Find the Career That Fits Perfectly – Helen Horyza*
- 3.... *Broken Promise – Jim Kern*
- 4.... *Open Mike Hour...call in and let me 'light up your life with a little bit of insight'-253.582.5597*
- 5.... *She's My Brother & I Miss Him – Shirley Ann Thom*
- 6.... *Strong Like Water – Laila Tarraf*
- 9.... *Hungry for More – Adrienne Yeusim*
- 10...*Ghosts of Atlantis – Doug Kenyon*
- 11...*Grandmother Ayahuasca – Christian Funder (Peru)*
- 12...*Emotionally Savvy Adult – Jan Booth*
- 13...*Awakening the 5th Dimension – Kimberly Meredith*
- 16...*A Single Day of Peace – Stephan D'Angelo*
- 17...*Roar – Michael Clinton*
- 18...*How to Survive & Thrive in an Impossible World – Steve Bonham (England)*
- 19...*Why Are There Monkeys – Brooke Jones*
- 20...*Eternally Expecting – Amy Liz Harrison*
- 23...*Every Scar Tells a Story – Victoria K. Mavis*
- 24...*The Case of the Murderous Dr. Cream – Dean Jobb*
- 25...*The Great Pyramid Void Enigma – Scott Creighton (England)*
- 26...*From Barefoot to Stiletto's – Marie Pizano*
- 27...*Precognitive Dreamwork – Eric Wargo*
- 30...*The Charisma Factor – Leesa Rowlands*
- 31...*The Bone Code – Kathy Reichs*

Warriors for Peace

- 4.... *No Gold Stars – Barry Koplán*
- 11...*Nothing But a Circus – Daniel Levin (Middle East or England)*
- 18...*Tiger in The Sea – Eric Lindner*
- 25...*And Evil Shall Be Vanquished – Robert Conde, Jr.*



Upcoming Events & Broadcast s- August, etc.

August 3rd...New group-The Jupiter Experience...Eileen Grimes & Susan Bergstrom are putting on the event and I will be their guest speaker. Here are the details...**Location Change to:** Burs Restaurant,6151 Steilacoom Blvd, Lakewood, WA 98499. Phone: 253-588-4844. We will be in the banquet room. www.bursrestaurant.com **Time:** Banquet door opens at 5:30pm, Program starts at 7:00pm and I will be the keynote speaker, doing demonstrations as well. Before and after the program I will be available for mini-sessions. Look forward to seeing you there.

Emerald Spiral: We were just notified events are being planned for the following months in 2021/2022. Here is the schedule: September 25, 2021-Kent, Washington, at Kent Commons; March 26,

2022-Kent, Washington at Kent Commons. Check www.EmeraldSpiral.com for details regarding location, hours, parking, and more. I will be available for mini-sessions and will also have publications available as well.

BEPC event – Recent notification...There will be a 2-day event in November, the 6th & 7th. More information regarding hours, speakers, and more will be available soon.

A Special Note: The North West Women's Show has been rescheduled to March 12 & 13, 2022. Be sure to mark your 2022 calendars when you get them so you won't miss this fabulous event. More details will be forthcoming as they become available.

Golden Nuggets – True Stories about Real People

It is so easy to become discouraged, to feel isolated, to think that no one cares about bettering our environment, our opportunities to be able to sustain ourselves, and self-sufficiency on so many levels. I think these two videos that were submitted to me definitely show how people are working together to make a difference. These were submitted by Justine D., a reader of my newsletter and I promised I would share them with you.

<https://new.ecopowerinitiative.com/> also <https://castorofnicaragua.com/>



What's Your Story?

I am in the process of putting together a publication "Stories People Tell Me". I have had a number of submissions and I am looking for an additional 25 stories about paranormal experiences, UFO's, aura's and the unique and unusual not logical happenings that make us aware that life is anything but boring. Please send submissions to donnaseebo@comcast.net. Do send your contact information as well (phone number, etc.) Thank you.



The Recipe Box...Cold Chocolate Milkshake

There is nothing like an ice-cold milk shake to refresh and cool oneself on a hot day. This is so easy to put together and you can add as a compliment, your dash of whipped cream, a maraschino cherry, and maybe a couple of cookies to much and crunch. You'll need a tall glass for this scrumptious treat.

Ingredients: 2 cups of ice-cold milk, 3 Tbsp. drinking chocolate powder, 3 scoops of chocolate ice-cream.

Directions: Put half of the cold milk in a blender. Add the chocolate powder to the blender and 1 scoop of the chocolate ice cream. Blend until the mixture is frothy and well mixed. Stir in the remaining milk. Place the remaining 2 scoops of chocolate ice cream in 2 serving glasses and carefully pour the

chocolate milk over the ice cream. You can sprinkle a little unsweetened cocoa, if you like, over the top and serve at once.

Special Comments

A special 'thank you' to the many people who join me weekdays to hear *'The Donna Seebo Show'* and *'Warriors for Peace'* from around the country and the world. Your emails, calls and wonderful letters make my day. It is always a joy to share the talents and information from people and other sources that can make our lives better. Should you have recipes, ideas and/or information you think my listeners might be interested in, please email the information to me. Do put *The Donna Seebo Show* in the subject line. Due to the tremendous amount of material received, I cannot promise that I will use it on my show but I do review everything that is sent.

For authors who are interested in being interviewed on my program, please send a copy of your book/CD/DVD publication along with your contact information and press kit to the address noted below. All materials are reviewed for content and if accepted, you will be called to schedule a date for an interview. Currently my interviews are booked two to three months in advance. It is always advisable to follow up with a phone call to be sure that your materials are received by my office.

You are always welcome to share this newsletter and if you have someone who would like to be added to the subscriber list, just send his/her name and email address to donnaseebo@comcast.net. Past newsletters are archived on my website, and you are welcome to review them at any time. If you desire to be deleted from the mailing just type unsubscribe in subject line.

For scheduling of private appointments (by telephone or in-person), information on gift certificates, speaking engagements, private parties, classes, etc., please contact my office at the telephone number listed at the bottom of this newsletter.

Do you know of children between the ages of 3 to 12 who love to read? Then you'll want to order *God's Kiss*, *The Magic Hat*, and *The Woodcutter & The Tree*, my three award-winning illustrated books and audio books. Go to my website, fill out the information and I will be delighted to personalize the books for that special child. We are celebrating our 22nd anniversary of 'Classics' publications and now have a website showing all of my children's publications and other products. Both e-books and audio e-books are now available as well.

You can listen to a 'free' preview of the audio book and view some of the art as well on www.mrsseebosclassics.com. Ed Gedrose is the illustrator for *God's Kiss* and Carol Ann Johnson is the illustrator for *The Magic Hat* and *The Woodcutter & The Tree*.

You can go to my website to order directly on Amazon, Create Space, and Kindle. To order, contact me via my website, www.mrsseebosclassics.com or call my office directly to find out more information. Be sure to like us on Facebook, LinkedIn, and Twitter.

Have a magnificent day and remember....

"You are the Master of your Fate, the Captain of your Soul".

***Donna Seebo - International Mental Practitioner/Psychic, Counselor, Award Winning Author,
Speaker, Teacher, Radio/Television Personality, Minister and
Host of the International 'Donna Seebo Show' and 'Warriors for Peace'***

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