



A Moment with Donna...A Devil of a Story

It was announced that the devil was going out of business and would offer all his tools for sale to whoever would pay the price. On the night of the sale, they were all attractively displayed: Malice, Hatred, Envy, Jealousy, Sensuality, and Deceit among them. Each was marked with its own price.

To one side lay a harmless-looking, wedge-shaped tool, much worn, and priced higher than any of them.

Someone asked the devil what it was.

That's Discouragement," was the reply.

"Why do you have it priced so high?"

"Because," replied the devil, "it is more useful to me than any of the others. I can pry open and get inside a person's consciousness with that when I could never get near them with any of the others."

~ Author Anonymous

** ** **

I came across this story recently and it brought back a memory of being in a competition in gym class and because of a fellow student's comment, I didn't fulfill my potential opportunity to win an endurance race. How many times have we not pursued our deepest desires because of being bad-mouthed, criticized, made fun of, and even told our brain power is less than a cockroach!? More than we truly would care to remember.

It is soooooo easy to drop a dream, to believe other people's perceptions about what it is that we wish to accomplish, to focus on the failures, instead of saying to ourselves, *Hm,m,m,m, ,,maybe I should look at some other angles, get more information, check out resources, explore my options? Give up my dream? Never! I may have to redesign my direction, look at some new perspectives but I am going to go for what means the most to me. I can do it!!!*

Over 30 years ago I made up some business cards and put the word author, along with other descriptions of what I wanted to do, on my card. A member of my family said, "You are not an author. You haven't published a book! That is false advertising!" Not only did I ignore them, but I said the following... "I have published articles in some magazines and I am an author. One day I will publish my children's stories as people have encouraged me to do." The individual then said, "Children's stories...what a stupid idea!" Guess what?! I am working towards my 4th publication of children's materials and there are others in the queue as well.

Sometimes the journey to achieve what you want is a long road with a lot of curves, making wrong turns, even getting lost for a period of time, however, if you keep your roadmap in front of you somehow the Universal GPS system eventually gets you to your determined destination.

To be totally honest the flat tire moments I could have done without as changing flat tires isn't one of my greatest strengths but one does what one has to do, including asking for help when needed.

Discouragement... to deprive one of courage, hope, confidence, dishearten, dispirit. Don't do that to yourself, nor let anyone else do it to you. We all, at any given time, can feel as if the world is against us, that we should give up and let our ship of dreams sink...that's not unusual. Do yourself a favor and

put that ship of dreams on automatic pilot for a while until you can refocus on the direction you choose to follow. Then step up and be the captain of that ship of dreams, knowing you have the right of choice to choose the direction you know will be the right one for you.

Spring is here. The earth is alive with freshness of the season. Spring represents newness, growth, hope, and better yet...warmer weather! Step up to your opportunities and breathe life into those heartfelt aspirations/dreams...they are waiting to come alive just for you.

Have a fabulous month.

Donna Seebo

March's Power Quote

“It’s kind of fun to do the impossible.” ~Walt Disney

March's Chuckle

“Before I got married, I had six theories about bringing up children; now I have six children and no theories.” ~John Wilmot

The Donna Seebo Show

&

“Warriors for Peace”



Heard worldwide

“Delphi Vision Broadcasting” is celebrating its 19th year of positive and informative programming with ‘The Donna Seebo Show’ and ‘Warriors for Peace’. Currently people in over 128 countries, including the United States, are listening to the shows.

I invite you to join me weekdays for insightful and uplifting programming. The theme of the program is ‘Personal Empowerment’. Guests are featured from all over the world giving their knowledge and expertise to you - the listening audience

Go to **‘The Donna Seebo Show’ page. Direct Link:**

<http://www.delphiinternational.com/VisionBroadcasting/VisionBroadcasting.html> .

There you will find a player that enables you to connect to the ‘live’ show 8:00 pm to 9:00 am, Monday through Friday, Pacific Time. Callers are welcome during the second half of the program – **Call in number - 253.582.5597.**

“Warriors for Peace” is aired on Wednesdays, 7:00 pm to 8:00 pm, Pacific Time. No calls are taken during this interview program.

To listen to any of the broadcasts at any time - click on the tower icon in the past show archives box- then choose the program you are interested in. Shows are available 24/7.

I look forward to having you join me and my guests at my global broadcasting table. Informative and fun, you are invited to join me weekdays where you can **“Light Up Your Life with A Little Bit of Insight”**. Be sure to tell your friends and family about this positive, informative programming available 24/7.

Special Note: We are now available on Alexa...if you have the app, check us out!

 *Featured Radio Guests on the Donna Seebo Show* 
Upcoming Guests – March 2020

- 2...Spirit Dreaming – Elizabeth Meacham
- 3...Away To Me, My Love – Naomi McDonald
- 4...Trust – Deb Richards
- 5...Puffins Off the Beaten Path – Ruth Ann Anderson
- 6...Recognizing Adult ADHD – Dr. Kruse
- 9...My Life in 37 Therapies – Kay Hutchison (England)
- 10..Energy Entrepreneurs – Earl Heard
- 11..Playball, Doughboys & Baseball – Alexander Barnes
- 12..A Burst of Conscious Light – Dr. Andrew Silverman
- 13..No B.S. Acting Guide – Matt Newton
- 16..The Power of Honest Medicine – Julia Schopick
- 17..Reinstate Your Wings – Indi Havana *A Happy St. Patrick's Day to you all!*
- 18..Think Like Amazon – John Rossman
- 19..Squeeze More Life Out of Time – Diane Kashan
- 20..To be announced
- 23..To be announced – 2nd Guest – Colby Willke, Emerald Spiral
- 24..Reconnecting to the Source – Ervin Laszlo
- 25..The Apple & The Shady Tree – Lisa Novick Goldberg
- 26..Crescent City Crimes – Charles Cassidy
- 27..Cognitive Dominance – Mark McLaughlin
- 30..Little Sister – Patricia Walsh Chadwick
- 31..Fragile – Dr. Sovandal

Warriors for Peace

- 4...Warbirds – John Frederickson
- 11.. Dissident Doctor – Dr. Klein
- 18..Harley Davidson WLA – Robert S. Kim
- 25..Bottle of Lies – Katherine Eban (England)

Mrs. Seebo's Classics

<http://mrsseebosclassics.com/news-events/>



What's Your Story?

I am in the process of putting together a publication “Stories People Tell Me”. I have had a number of submissions and I am looking for an additional 25 stories about paranormal experiences, UFO's, aura's and the unique and unusual not logical happenings that make us aware that life is anything but boring. Please send submissions to donnaseebo@comcast.net. Do send your contact information as well (phone number, etc.) Thank you.

Here's another test of your brain skills

We've seen this with the letters out of order, *but this is the first time I've seen it with numbers.*

Good example of a Brain Study: If you can read this OUT LOUD you have a strong mind. And better than that: Alzheimer's is a long long, way down the road before it ever gets anywhere near you.

7H15 M3554G3 53RV35 7O PROV H0W OUR M1ND5 C4N D0 4M4Z1NG 7H1NG5!
1MPR3551V3 7H1NG5! 1N 7H3 B3G1NN1NG 17 WA5 H4RD BU7 NOW, ON 7H15 LIN3
YOUR M1ND 1S R34D1NG 17 4U70M471C4LLY W17H0U7 3V3N 7H1NK1NG 4B0U7 17, B3
PROUD! OLN Y C3R741N P30PL3 C4N R3AD 7H15!

Now, to my 'selected' strange-minded friends: If you can read the following paragraph, forward it on to your friends with 'yes' in the subject line. Only great minds can read this. This is weird, but interesting! If you can read this, you have a strange mind, too. Can you read this? Only 55 people out of 100 can. I don't believe that I could actually understand what I was reading. The phonetic pattern of the human mind, according to a research at Cambridge University, it doesn't matter in what order the letters in a word are, the only important thing is that the first and last letter be in the right place. The rest can be a total mess and you can still read it without a problem. This is because the human mind does not read every letter by itself, but the word as a whole. Amazing huh? Yeah and I always thought

spelling was important! If you can read this forward it.

FORWARD ONLY IF YOU CAN READ IT. Submitted by B.G., California

Upcoming Broadcasts & Appearances-March 2020

February 29th & March 1st... The Pacific Northwest's Women Show at the Tacoma Dome...check out their website for this fabulous upcoming event at the Tacoma Dome...more details in February's newsletter! WWW.nwwomensshow.com. You won't want to miss it!

March 11th to 15th...Anchorage, Alaska.

I will be the Keynote Speaker at the Alaska Whole Life Festival on Saturday, the 14th & Sunday, the 15th, Noon to 1pm each day. I will be available at this event for mini-consultations and will also have my publications for sale as well. Check out www.alaskawholelifefestival.com for more information about this semi-annual event.

For private consultations I will be available on the Wednesday, the 11th through Saturday, the 14th. Should you or a friend desire to schedule an appointment with me, please call my office at 253.582.5604. Local number while I am in Anchorage is 907.243.2233.

March 18th... Psychic Spectrum, Poodle Dog Restaurant-Banquet Room, Fife, Washington. I will be the keynote speaker at 6 pm, doing demonstrations and will have publications available. Also, I will be available for mini-sessions before and after the program. I will have publications available for sale.

March 21..... Saturday Psychic showcase- Elmer's Restaurant-banquet room, 7427 S. Hosmer Street, Tacoma, Washington. I will be on the psychic panel, will have publications with me and will be available for mini-readings before and after program. Look forward to seeing you there.

March 24th... Lou J Free's Showcase - IHOP Restaurant, 178 SW Campus Drive, Federal Way, WA 98023. 253.661.7300. IHOP is having a special, all-you-can-eat pancake day so the showcase is meeting on Wednesday instead. I will be the keynote speaker at 7 pm and doing demonstrations as well...arriving between 5-6 pm, available for mini-sessions up to 7pm, also after my presentation. I will have publications available for sale, including my children's books.

March 28th...Emerald Spiral Expo, Kent Commons, Kent, Washington. This semi-annual event is a must attend. Vendors from Washington and other states participate in this popular expo. Parking is free, it is family oriented and just plain fun to attend. I will be at my booth available for mini-sessions, and of course, will have lots of publications to display and share. This is a perfect event for setting the stage for spring. Join us.

Golden Nuggets
True Stories about Real People

"THE HAND"

A picture began circulating a few years ago. It should be "The Picture of the Year," or perhaps, "The Picture of the Decade." It won't be. In fact, unless you obtained a copy of the paper you probably will never see it. The picture is that of a 21-week-old unborn baby named Samuel Alexander Armas, who is being operated on by a surgeon named Joseph Bruner. The baby was diagnosed with spina bifida and would not survive if removed from the mother's womb.

Little Samuel's mother, Julie Armas, is an obstetrics nurse in Atlanta. She knew of Dr. Bruner's remarkable surgical procedure. Practicing at Vanderbilt University Medical Center in Nashville, he performs these special operations while the baby is still in the womb. In the procedure, a C-section removes the uterus and the doctor makes a small incision to operate on the baby. During the surgery on little Samuel, the little guy reached his tiny, but fully developed hand, through the incision and firmly grasped the surgeon's finger. The photograph captures this amazing event with perfect clarity.

The editors titled the picture, "Hand of Hope." The text explaining the picture begins, "The tiny hand of 21-week-old fetus Samuel Alexander Armas emerges from the mother's uterus to grasp the finger of Dr. Joseph Bruner as if thanking the doctor for the gift life." Also proving that a baby is a human being and not an "IT" to be aborted just because it hasn't left the mother's uterus.

Here is the picture: <http://joseromia.tripod.com/bigband.gif>



The Recipe Box... Corned Beef Boxy

Ingredients: 2 cups mashed potatoes (leftovers are great for this recipe), Prepared Horseradish, Grated Idaho Potatoes, Milk, All-Purpose Flour, Salt and Pepper, Baking Powder, 3 Eggs, Corned Beef, chopped (10 ounces), Grated Swiss Cheese (10 ounces), 1,000 Island Dressing, optional

Directions: In a large bowl mix the mashed potatoes and horseradish. Grate 2 cups of Idaho potatoes (I leave the skin on), and dry them in a clean towel by squeezing out all the moisture. Add the dried grated potatoes into the bowl with the mashed potatoes. Stir in flour, baking powder, salt, pepper and mix well. In a small bowl, whisk together eggs and milk. Add the egg and milk into the potato mixture. Stir well to form a creamy, thick pancake batter consistency. Add oil to a large skillet and drop enough batter into the skillet to form a 6" pancake which is approximately 1/4" thick. Cook until browned on one side. Flip the pancake and cook on the second side until browned. Add the corned beef and Swiss cheese to half of the cooked pancake. Use a spatula to flip the plain half of the pancake over the filled half. Cover the skillet loosely with a lid or foil and cook until the cheese has melted.

Serve the Irish boxy hot, with 1000 island dressing for dipping if desired.
Recipe by Kudos Kitchen by Renee

Special Comments

A special 'thank you' to the many people who join me weekdays to hear *'The Donna Seebo Show'* and *'Warriors for Peace'* from around the country and the world. Your emails, calls and wonderful letters make my day. It is always a joy to share the talents and information from people and other sources that can make our lives better. Should you have recipes, ideas and/or information you think my listeners might be interested in, please email the information to me. Due to the tremendous amount of material received, I cannot promise that I will use it on my show but I do review everything that is sent.

For authors who are interested in being interviewed on my program, please send a copy of your book/CD/DVD publication along with your press kit to the address noted below. All materials are reviewed for content and if accepted, you will be called to schedule a date for an interview. Currently my interviews are booked two to three months in advance. It is always advisable to follow up with a phone call to be sure that your materials are received by my office.

You are always welcome to share this newsletter and if you have someone who would like to be added to the subscriber list, just send his/her name and email address to donna@delphiinternational.com or donnaseebo@comcast.net. Past newsletters are archived on my website, and you are welcome to review them at any time. If you desire to be deleted from the mailing just type unsubscribe in subject line.

For scheduling of private appointments (by telephone or in-person), information on gift certificates, speaking engagements, private parties, classes, etc., please contact my office at the telephone number listed at the bottom of this newsletter.

Do you know of children between the ages of 3 to 12 who love to read? Then you'll want to order *"God's Kiss"* my award winning illustrated book and audio tape. Go to my website, fill out the information and I will be delighted to personalize the book for that special child. We are celebrating our 22nd anniversary of 'Classics' publications and now have a website showing 'God's Kiss' and other products. Both e-books and audio e-books are now available as well.

My children's publication, *"The Magic Hat"* is available in e-book and e-audio book format. It is also available in book form and I am happy to personalize it for you. You can go to my website to order directly or Amazon, Create Space, and Kindle. This book is beautifully illustrated by Carol Ann Johnson and you can listen to a 'free' preview of the audio book and view some of the art as well on Mrs. Seebo's Classics website.

Book #3, *The Woodcutter & The Tree* is now available. To order, contact me via my website, www.mrsseebosclassics.com or call my office directly to find out more information. Be sure to like us on Facebook, LinkedIn, and Twitter.

Have a magnificent day and remember....

"You are the Master of your Fate, the Captain of your Soul".

Donna Seebo - International Mental Practitioner/Psychic, Counselor, Award Winning Author, Speaker, Teacher, Radio/Television Personality, Minister and Host of the International 'Donna Seebo Show' and 'Warriors for Peace'

P.O. Box 97272, Lakewood, WA 98497-0272 — (253) 582-5604

donna@delphiinternational.com or donnaseebo@comcast.net

www.delphiinternational.com www.mrsseebosclassics.com

<https://www.linkedin.com/in/donnaseebo> <https://www.facebook.com/donna.seebo>

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