



*A Moment with Donna...What the world needs now is.....*

When I started working on this editorial the lyrics to this song started to play in my head over, and over, and over. So I looked up the lyrics to this song which was recorded by Ms. Jackie Deshannon in 1965. Here they are in total context.

*What the world needs now is love, sweet love...No, not just for some but for everyone.  
Lord, we don't need another mountain...there are mountains and hillsides enough to climb...  
There are oceans and rivers enough to cross, enough to last 'til the end of time.  
Lord, we don't need another meadow...there are cornfields and wheat fields enough to grow  
There are sunbeams enough to shine...Oh listen Lord...  
What the world needs now is love, sweet love...No, not just for some but for everyone.*

I then understood why the lyrics somehow got dredged up from a deeper part of memory and started to play in my conscious mind. Every day we are pummeled with information that can leave one feeling like the world is going to, you know where, in a hand basket. It makes one feel like we are prisoners of a darkness that is overcoming sensibility, compassion, and much more.

Well, I have news for you. Of course, you already probably have an idea of where I am going with my thinking. Get a grip! That's right. Take charge of your thinking, what you choose to associate with, what you read, how you engage in conversation and then, determine how you are going to be a demonstration, an inspiration to those you cross paths with.

Love is like a rainbow. It has many shades of color, shape and form. It isn't just about romance, although that is a lovely essence as long as it lasts. There is love of home, family, working environments, animals, earth environments, faith and ...well, the list goes on and on.

Love has companions... compassion, critical thinking, commitment, sincerity, trust...an entire village of wisdom and common sense that we are all entitled to be a part of, if we choose to do so.

So, as you are preparing to honor those you love and respect on this very special day, keep in mind that what this holiday is all about is recognizing that the representation of Valentine's Day should be honored throughout the year, bringing *love, sweet love...no, not just for some but for everyone.*

Have a magnificent February...celebrate your life, your blessings, and the wonderful people you come in contact with. Remember...your inner light can illuminate/turn on the light in someone who feels and thinks theirs is not working at all.

*Donna Seebo*

### *February's Power Quote*

"This will be a better world when the power of love replaces the love of power."  
~Author Unknown

### *February's Chuckle*

When people hear that my husband and I just celebrated our 60<sup>th</sup> wedding anniversary, they inevitably ask us the secret to our long, successful marriage. In response, my husband will smile sweetly, not my way, and explain, "We both love me." ~ M.P., Florida

### *The Donna Seebo Show*

&

### *"Warriors for Peace"*



### *Heard worldwide*

"Delphi Vision Broadcasting" is celebrating its 19<sup>th</sup> year of positive and informative programming with 'The Donna Seebo Show' and 'Warriors for Peace'. Currently people in over 128 countries, including the United States, are listening to the shows.

I invite you to join me weekdays for insightful and uplifting programming. The theme of the program is 'Personal Empowerment'. Guests are featured from all over the world giving their knowledge and expertise to you - the listening audience

Go to '*The Donna Seebo Show*' page. **Direct Link:**

<http://www.delphiinternational.com/VisionBroadcasting/VisionBroadcasting.html> .

There you will find a player that enables you to connect to the 'live' show 8:00 pm to 9:00 am, Monday through Friday, Pacific Time. Callers are welcome during the second half of the program – **Call in number - 253.582.5597.**

"*Warriors for Peace*" is aired on Wednesdays, 7:00 pm to 8:00 pm, Pacific Time. No calls are taken during this interview program.

To listen to any of the broadcasts at any time - click on the tower icon in the past show archives box- then choose the program you are interested in. Shows are available 24/7.

I look forward to having you join me and my guests at my global broadcasting table. Informative and fun, you are invited to join me weekdays where you can "*Light Up Your Life with A Little Bit of Insight*". Be sure to tell your friends and family about this positive, informative programming available 24/7.



### *Upcoming Guests - February 2020*

3. Angels in the OR – Tricia Barker
4. Eat, Live, Thrive – Danna Demetre & Robyn Thomson
5. Land of the Fee – Devin Fergus

- 6. Why Am I So Happy? – Paula Vail
- 7. Black History Month – William Federer
- 10. Captured by Fire – Fred Reid
- 11. Find Your Inner Gold – Karen Hood Caddy
- 12. No More Dodging Bullets – Amy Herrig
- 13. A Ray of Hope – Holley Moseley
- 14. Life Design for Women – Ariane Burgess (Scotland)
- 17. The Heart of the Great Mother – Christine Page MD
- 18. If You Say So – James Swiegert...Second Guest – Laureli Shimayo
- 19. The Apple & The Shady Tree – Lisa Novick Goldberg
- 20. To be announced
- 21. Who Will Hold Me – Sophie Pagalway
- 24. The How of OW – Wanda Swenson
- 25. Crystal Basics – Nicholas Pearson
- 26. The 7 Elemental Forces of Huna – Susanne Weikl (Germany)
- 27. Hope and the Future – Dr. Charles Johnston
- 28. How to Age Joyfully – Maggie Pigott (England)

#### *Warriors for Peace*

- 5. Sacred Voices – Mariah Baker
- 12. Harley Davidson WLS – Robert S.Kim
- 19. Forgotten Soldiers of WW I, Immigrant Doughboys – Alexander Barnes
- 26. When Time Stopped – Ariana Neumann

#### *Mrs. Seebo's Classics*

<http://mrsseebosclassics.com/news-events/>



#### *What's Your Story?*

I am in the process of putting together a publication “Stories People Tell Me”. I have had a number of submissions and I am looking for an additional 25 stories about paranormal experiences, UFO’s, aura’s and the unique and unusual not logical happenings that make us aware that life is anything but boring. Please send submissions to [donnaseebo@comcast.net](mailto:donnaseebo@comcast.net). Do send your contact information as well (phone number, etc.) Thank you.

#### *Valentine Treasures*

Valentine treasures are people who  
 have often crossed your mind,  
 family, friends and others, too,  
 who in your life have shined  
 the warmth of love or a spark of light

that makes you remember them;  
no matter how long since you've actually met,  
each one is a luminous gem,  
who gleams and glows in your memory,  
bringing special pleasures,  
and that's why this Valentine comes to you:  
You're one of those sparkling treasures!

*By Joanna Fuchs*

## *Upcoming Broadcasts & Appearances-January 2020*

**February 8th... Saturday Psychic showcase– Elmer's Restaurant-banquet room, 7427 S. Hosmer Street, Tacoma, Washington.** I will be on the panel doing readings starting at 6:00 pm. I will have publications with me and will be available for mini-readings before and after program. Look forward to seeing you there.

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***The Dynamics of the Mind II Seminar*** is scheduled for **February 15<sup>th</sup>, Saturday, 9 to 5 pm, the Poodle Dog Restaurant in Fife, Washington, the banquet room.** Registration done by February 7<sup>th</sup> you'll save \$50.00. Check my website for more details/information regarding my guest speaker, location, and more. [www.delphiinternational.com](http://www.delphiinternational.com)

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**February 22<sup>nd</sup>...Bellevue Community Center, Bellevue, Washington. MEWE Fair.** [www.MEWevents.com](http://www.MEWevents.com). I will be speaking at 1pm and also will be doing mini-readings. My publications will be at my table as well. Hours: 11:00am to 7:00pm. Check the events website for address and directions.

**February 26th ... Wednesday - Lou J Free's Showcase - IHOP Restaurant, 178 SW Campus Drive, Federal Way, WA 98023.** 253.661.7300. IHOP is having a special, all-you-can-eat pancake day so the showcase is meeting on Wednesday instead. I will be the keynote speaker at 7 pm and doing demonstrations as well...arriving between 5-6 pm, available for mini-sessions up to 7pm, also after my presentation. I will have publications available for sale, including my children's books.

**February 29<sup>th</sup> & March 1<sup>st</sup>... The Pacific Northwest's Women Show at the Tacoma Dome...check out their website for this fabulous upcoming event at the Tacoma Dome...I will be in booth 730 and available for mini-readings. I will also have my publications available and some other items to share with those of you who come by the booth.**

**Ladies...put on your most comfortable walking shoes, bring friends...be prepared for a fun-filled fabulous weekend! Look forward to seeing you there.**

**For details go to: [www.nwwomensshow.com](http://www.nwwomensshow.com). You won't want to miss it!**

## *Golden Nuggets True Stories about Real People*

RUDY'S ANGEL...This story was sent to me by a friend and I felt it was perfect for this month's newsletter.

I walked into the grocery store not particularly interested in buying groceries. I wasn't hungry. The pain of losing my husband of 37 years was still too raw. And this grocery store held so many sweet memories. Rudy often came with me and almost every time he'd pretend to go off and look for something special. I knew what he was up to. I'd always spot him walking down the aisle with the three yellow roses in his hands. Rudy knew I loved yellow roses.

With a heart filled with grief, I only wanted to buy my few items and leave, but even grocery shopping was different since Rudy had passed on. Shopping for one took time, a little more thought than it had for two.

Standing by the meat, I searched for the perfect small steak and remembered how Rudy had loved his steak. Suddenly a woman came beside me. She was blond, slim and lovely in a soft green pantsuit. I watched as she picked up a large pack of T-bones, dropped them in her basket, hesitated, and then put them back. She turned to go and once again reached for the pack of steaks. She saw me watching her and she smiled.

"My husband loves T-bones, but honestly, at these prices, I don't know."

I swallowed the emotion down my throat and met her pale blue eyes. "My husband passed away eight days ago," I told her. Glancing at the package in her hands, I fought to control the tremble in my voice. "Buy him the steaks. And cherish every moment you have together."

She shook her head and I saw the emotion in her eyes as she placed the package in her basket and wheeled away. I turned and pushed my cart cross the length of the store to the dairy products. There I stood trying to decide which size milk I should buy. A quart, I finally decided and moved on to the ice cream section near the front of the store. If nothing else, I could always fix myself an ice cream cone.

I placed the ice cream in my cart and looked down the aisle toward the front. I saw first the green suit, then recognized the pretty lady coming towards me. In her arms she carried a package. On her face was the brightest smile I had ever seen. I would swear a soft halo encircled her blond hair as she kept walking toward me, her eyes holding mine. As she came closer, I saw what she held and tears began misting in my eyes.

"These are for you," she said and placed three beautiful long stemmed yellow roses in my arms. "When you go through the line, they will know these are paid for." She leaned over and placed a gentle kiss on my cheek, then smiled again.

I wanted to tell her what she'd done, what the roses meant, but still unable to speak, I watched as she walked away as tears clouded my vision. I looked down at the beautiful roses nestled in the green tissue wrapping and found it almost unreal. How did she know?

Suddenly the answer seemed so clear. I wasn't alone. "Oh, Rudy, you haven't forgotten me, have you?" I whispered, with tears in my eyes. He was still with me, and she was his angel.

Everyday be thankful for what you have and who you are.

### *The Recipe Box...Chocolate Hazelnut Mug Cakes for Two*

One of my radio guests from Canada shared this wonderful recipe and I thought it was perfect for Valentine's Day, actually any day would do, and it only has 3 ingredients. Charmian Christie is a wonderful cook and I think once you try this...you'll fix it often. So easy! Enjoy ☺

**Ingredients:** 1 large egg at room temperature, 2/3 cup chocolate hazelnut spread, 1/4 cup all-purpose flour and 2-12 oz. microwave safe mugs.

**Directions:** Whisk together in a small bowl the egg and chocolate hazelnut spread until smooth. Divide the batter equally between the mugs. Microwave both mugs on High for 1 minute and 15 seconds. The cakes should begin to pull away from the sides of the mugs and the tops should look dry and spring back

when tapped lightly. If they are not done, continue cooking in 15 second increments. Let cool until set, about 10-15 minutes.

**Special tip:** For even cooking, pick tall, round mugs with straight sides. Too small a mug might create an overflow of batter. A mug with a tapered bottom might produce mug cakes with gooey bottoms.

## *Special Comments*

A special 'thank you' to the many people who join me weekdays to hear *'The Donna Seebo Show'* and *'Warriors for Peace'* from around the country and the world. Your emails, calls and wonderful letters make my day. It is always a joy to share the talents and information from people and other sources that can make our lives better. Should you have recipes, ideas and/or information you think my listeners might be interested in, please email the information to me. Due to the tremendous amount of material received, I cannot promise that I will use it on my show but I do review everything that is sent.

For authors who are interested in being interviewed on my program, please send a copy of your book/CD/DVD publication along with your press kit to the address noted below. All materials are reviewed for content and if accepted, you will be called to schedule a date for an interview. Currently my interviews are booked two to three months in advance. It is always advisable to follow up with a phone call to be sure that your materials are received by my office.

You are always welcome to share this newsletter and if you have someone who would like to be added to the subscriber list, just send his/her name and email address to [donna@delphiinternational.com](mailto:donna@delphiinternational.com) or [donnaseebo@comcast.net](mailto:donnaseebo@comcast.net). Past newsletters are archived on my website, and you are welcome to review them at any time. If you desire to be deleted from the mailing just type unsubscribe in subject line.

For scheduling of private appointments (by telephone or in-person), information on gift certificates, speaking engagements, private parties, classes, etc., please contact my office at the telephone number listed at the bottom of this newsletter.

Do you know of children between the ages of 3 to 12 who love to read? Then you'll want to order *"God's Kiss"* my award winning illustrated book and audio tape. Go to my website, fill out the information and I will be delighted to personalize the book for that special child. We are celebrating our 22nd anniversary of 'Classics' publications and now have a website showing 'God's Kiss' and other products. Both e-books and audio e-books are now available as well.

My children's publication, *"The Magic Hat"* is available in e-book and e-audio book format. It is also available in book form and I am happy to personalize it for you. You can go to my website to order directly or Amazon, Create Space, and Kindle. This book is beautifully illustrated by Carol Ann Johnson and you can listen to a 'free' preview of the audio book and view some of the art as well on Mrs. Seebo's Classics website.

Book #3, *The Woodcutter & The Tree* is now available. To order, contact me via my website, [www.mrsseebosclassics.com](http://www.mrsseebosclassics.com) or call my office directly to find out more information. Be sure to like us on Facebook, LinkedIn, and Twitter.

*Have a magnificent day and remember....*

*"You are the Master of your Fate, the Captain of your Soul".*

*Donna Seebo - International Mental Practitioner/Psychic, Counselor, Award Winning Author, Speaker, Teacher, Radio/Television Personality, Minister and Host of the International 'Donna Seebo Show' and 'Warriors for Peace'*

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