

The Donna Seebo Newsletter© September 1, 2019



A Moment with Donna... WWII and a Love Poem

W.H. Auden wrote a love poem for humanity, September 1, 1939, when World War II erupted and this is a stanza that one of my guest author's shared with me recently in her publication *Live True*.

"All I have is a voice to undo the folded lie, The romantic lie in the brain of the sensual man-in-the-street and the lie of Authority whose buildings grope the sky: There is no such thing as the State, and no one exists alone; Hunger allows no choice to the citizen or the police; We must love one another or die."

So much tragedy has hit various places in the United States and elsewhere. It is so easy to become fearful, apprehensive, feel helpless and disempowered as a society, and as an individual. However, it is time we take back our attitudes of our forefathers and remember... freedom isn't free and there are always those, who through fear and intimidation, want us to believe that we need to be taken care of instead of having us stand together and demonstrating that we can create the changes needed.

There is a fact of history that has been demonstrated time and time again. For freedom to be destroyed you divide the attitudes and beliefs of those who live in the environment/country where it reigns supreme... then you conquer. Hitler, Po Pot, Idi Amin Dada, Stalin, and many more in recent history have known the formula... exercised it all too well and millions suffered horrible consequences.

I rarely enter into a political arena of concern but this is a huge one for me. There is so much fear about guns... more and more laws people want to pass when there are already an abundance of them on the legal ledgers. Guns are not the problem... people are.

Having worked for a police department I can tell you that I was astonished at the underground market for weapons that the police have to deal with. Have money... you can buy just about anything in weaponry. The bad guys won't be unarmed. They love it when the laws of the citizenry paralyze the individual and their right to protect self, family, friends, and property.

Recently I came across information that Denmark has had a substantial reduction of prison space since they enforced guns laws that encourage their citizens to get guns. However, they must go through training, pass the requirements of registering the weapons, and also must follow the safety requirements for storing the weapons. Their incarceration rate diminished tremendously and they closed a number of prisons.

Recently in Colorado a school has taken a different position, encouraging students to be aware they don't have to be victims and have implemented a training program of self-defense for students of all ages. Parents and the school administration are working together to empower the students to be aware they can be prepared for the worst case scenario.

Fear is a huge killer. 9/11 is a day we need to remember as it was horrific in tragedy. However, as Americans it united us in a way that showed the world we were not going to accept a passive position. Courage wears many costumes and we need to remind ourselves that regardless of what happens we can make the situation work for us, leverage the negative, so we can stand true for what is the right thing to do and not become prisoners of our fears.

Donna Seebo

Power Thought for September

“The civilization of a country consists in the quality of life that is lived there, and this quality shows plainest in the things that people choose to talk about when they talk together, and in the way they choose to talk about them.” ~Albert J. Nock

September’s Chuckle

‘Lawyers are the only people in the world who can write a 10,000 word document and call it a brief.’
~ Author Unknown

The Donna Seebo Show” & “Warriors for Peace”



Heard worldwide

“Delphi Vision Broadcasting” is celebrating its 18th year of positive and informative programming with ‘The Donna Seebo Show’ and ‘Warriors for Peace’. Currently people in over 128 countries, including the United States, are listening to the shows.

I invite you to join me weekdays for insightful and uplifting programming. The theme of the program is ‘Personal Empowerment’. Guests are featured from all over the world giving their knowledge and expertise to you - the listening audience

Go to **‘The Donna Seebo Show’ page. Direct Link:**

<http://www.delphiinternational.com/VisionBroadcasting/VisionBroadcasting.html> .

There you will find a player that enables you to connect to the ‘live’ show 8:00 pm to 9:00 am, Monday through Friday, Pacific Time. Callers are welcome during the second half of the program – **Call in number - 253.582.5597.**

“Warriors for Peace” is aired on Wednesdays, 7:00 pm to 8:00 pm, Pacific Time. No calls are taken during this interview program.

To listen to any of the broadcasts at any time - click on the tower icon in the past show archives box- then choose the program you are interested in. Shows are available 24/7.

I look forward to having you join me and my guests at my global broadcasting table. Informative and fun, you are invited to join me weekdays where you can **“Light Up Your Life with A Little Bit of Insight”**. Be sure to tell your friends and family about this positive, informative programming available 24/7.



Featured Radio Guests on the Donna Seebo Show



Upcoming Guests – September 2019

- 2...Beyond the Explosions – Genny Krackau
- 3...Thief Came in the Night – Madeline Fraley
- 4...Woof! A Love Story of Dogs, Music, & Life – Robert Freeman
- 5...Anything Can Be Healed – Martin Brofman (Annick Brofman) (France)
- 6...The Art of Jin Shin – Alexis Brink
- 9...Pale Faced Lie – David Crow
- 10...Miracle Minded Manager – John Murphy
- 11...Brain Stages – Patricia Wilkinson
- 12...The Heart & Soul of Caring – Robert Sharpe
- 13...The Art & Science of Face Reading – Jennifer Lamonica
- 16...How They Met – David Friedman
- 17...After the Light – Kimberly Shard
- 18...Tibetan Yoga – Ian Baker (Scotland)
- 19...Sacred Herbs of Samhain – Ellen Hopman
- 20...Solutionomics – Chris Macke
- 23...Live True – Ora Nadrich
- 24...Wild Blueberries – Peter Damm
- 25...I Spy – Katy Pye
- 26...Mutual Rescue – Carol Novello
- 27...God and Love on Route 80 – Stephen G. Post
- 30...Dimes From Heaven – Monica Morrisey

Warriors for Peace

- 4...Tech Titans of China – Rebecca Fannin
- 11...Kids in Orange – Mindy Hardwick
- 18...Moving Past PTSD – Jaime Parent
- 25...Daughter of the Enemy – Marie Pal-Brown

Mrs. Seebo's Classics

Finally...it's available! Yes, *The Woodcutter & The Tree* is now on Kindle. Check out some of the fabulous art on our website. We are thrilled with its beauty and the response we are getting from children and adults alike. You can get a personalized copy of the *first edition* by contacting me via the website or calling my office directly. Also, watch for the upcoming holiday special for all three of Mrs. Seebo's Classic children's publications...it will make a perfect gift for that special child or family that love to read. <http://mrsseebosclassics.com/news-events/>

What's Your Story?



I am in the process of putting together a publication "Stories People Tell Me". I have had a number of submissions and I am looking for an additional 15 stories about paranormal experiences, UFO's, aura's and the unique and unusual not logical happenings that make us aware that life is anything but boring. Please send submissions to donnaseebo@comcast.net. Do send your contact information as well (phone number, etc.) Thank you.

Upcoming Broadcasts & Appearances-September 2019

September 7th – Saturday – Psychic showcase at Carr's Restaurant, on Bridgeport Way, Lakewood, Washington. I will be the keynote speaker at 6 pm. I will be giving the talk and doing demonstrations. I will have my publications with me and will be available for mini- readings before and after program. Look forward to seeing you there.

*****September 14th – Saturday. *The Dynamics of the Mind Seminar.* See details in listing below...save money by registering prior to the 7th of September.*****



Dynamics of the Mind, Part I Presented by Donna Seebo

Date: Saturday, Sept. 14, 2019

Location: Grassis Restaurant, 2811 Bridgeport Way West, University Place, WA 98466

Time: 9:00 am to 5:00 pm

Registration begins at 9:00 am

A catered lunch will be provided for attendees.

Surprise guest speaker

Fee: \$250.00.

With advance payment prior to September 7th a \$50 discount given. On day of event payment at door will be full price. Check, Cash, PayPal, MC/Visa accepted.

Call 253.582.5604 or email to register....donnaseebo@comcast.net

September 18th – Wednesday - The Psychic Spectrum, Poodle Dog Restaurant-Banquet Room, Fife, Washington. I will be the keynote speaker at 6 pm, will have publications available and also will be doing mini-sessions before and after the program. I will have publications available for sale, including my new children's publication-The Woodcutter & The Tree.

September 24th – Tuesday - Lou J Free's Showcase - IHOP Restaurant, 178 SW Campus Drive, Federal Way, WA 98023. 253.661.7300. I will be the keynote speaker at 7 pm and will be doing a demonstration as well, arriving between 5-6 pm, available for mini-sessions up to 7pm. I will have publications available for sale, including my new children's book, *The Woodcutter & The Tree*.

September 28th – The Emerald Spiral Expo held at the Kent Commons, in Kent, Washington. This semi-annual event is a joy to be a part of and full of wonderful exhibits, vendors from different states, and talented people with various skills. I will have a booth there and will be available for mini-sessions the entire day. This is a family event that is wonderful to experience. Check out www.EmeraldSpiral.com for further details regarding parking, directions, and other important information.

Golden Nuggets True Stories about Real People

This video was sent to me by B.G., California, and I felt it fit perfectly with what we need to be aware of and how important it is to stand up for what is right. It does make a difference.

https://www.youtube.com/embed/dsq_jZiB1_U

The Recipe Box...Chocolate Tea Bread

Sometimes we want something sweet to share with friends and family. This is a delightful tea bread, easy to fix and delicious. Enjoy.

Ingredients: $\frac{3}{4}$ cup butter- softened, $\frac{1}{2}$ cup light brown sugar, 4 eggs-slightly beaten, 8 oz. chocolate chips, $\frac{1}{2}$ cup raisins, $\frac{1}{2}$ cup walnuts, finely grated rind of 1 orange, 2 cups self-rising flour.

Directions: Lightly grease a 2-pound loaf pan and line the base with baking parchment. Cream together the butter and sugar in a bowl until light and fluffy. Gradually add the eggs, beating well after each addition. If the mixture begins to curdle, beat in 1-2 Tbls. of the flour. Stir in the chocolate chips, raisins, walnuts and orange rind. Sift the flour and carefully fold it into the mixture. Spoon the mixture into the prepared loaf pan and make a slight dip in the center of the top with the back of a spoon. Bake in a preheated 325 degree oven for about 1 hour, or until a toothpick inserted into the center of the loaf comes out clean. Cool in the pan for 5 minutes before carefully turning out and leaving on a wire rack to cool completely.

Variation: Use white or milk chocolate chips instead of dark chocolate chips, or a mixture of all three, if desired. Dried cranberries instead of the raisins also work well in this recipe.

Special Comments

A special 'thank you' to the many people who join me weekdays to hear '*The Donna Seebo Show*' and '*Warriors for Peace*' from around the country and the world. Your emails, calls and

wonderful letters make my day. It is always a joy to share the talents and information from people and other sources that can make our lives better. Should you have recipes, ideas and/or information you think my listeners might be interested in, please email the information to me. Due to the tremendous amount of material received, I cannot promise that I will use it on my show but I do review everything that is sent.

For authors who are interested in being interviewed on my program, please send a copy of your book/CD/DVD publication along with your press kit to the address noted below. All materials are reviewed for content and if accepted, you will be called to schedule a date for an interview. Currently my interviews are booked two to three months in advance. It is always advisable to follow up with a phone call to be sure that your materials are received by my office.

You are always welcome to share this newsletter and if you have someone who would like to be added to the subscriber list, just send his/her name and email address to donna@delphiinternational.com or donnaseebo@comcast.net. Past newsletters are archived on my website, and you are welcome to review them at any time. If you desire to be deleted from the mailing just type unsubscribe in subject line.

For scheduling of private appointments (by telephone or in-person), information on gift certificates, speaking engagements, private parties, classes, etc., please contact my office at the telephone number listed at the bottom of this newsletter.

Do you know of children between the ages of 3 to 12 who love to read? Then you'll want to order *"God's Kiss"* my award winning illustrated book and audio tape. Go to my website, fill out the information and I will be delighted to personalize the book for that special child. We are celebrating our 22nd anniversary of 'Classics' publications and now have a website showing 'God's Kiss' and other products. Both e-books and audio e-books are now available as well.

My children's publication, *"The Magic Hat"* is available in e-book and e-audio book format. It is also available in book form and I am happy to personalize it for you. You can go to my website to order directly or Amazon, Create Space, and Kindle. This book is beautifully illustrated by Carol Ann Johnson and you can listen to a 'free' preview of the audio book and view some of the art as well on Mrs. Seebo's Classics website.

Book #3, *The Woodcutter & The Tree* is now available on Kindle and Amazon. To order, contact me via my website, www.mrsseebosclassics.com or call my office directly to find out more information. Be sure to like us on Facebook, LinkedIn, and Twitter.

*Have a magnificent day and remember....
"You are the Master of your Fate, the Captain of your Soul".*

**Donna Seebo - International Mental Practitioner/Psychic, Counselor, Award
Winning Author, Speaker, Teacher, Radio/Television Personality, Minister
and
Host of the International 'Donna Seebo Show' and 'Warriors for Peace'**

P.O. Box 97272, Lakewood, WA 98497-0272 ---- (253) 582-5604

donna@delphiinternational.com or donnaseebo@comcast.net

www.delphiinternational.com www.mrsseebosclassics.com

<https://www.linkedin.com/in/donnaseebo>

<https://www.facebook.com/donna.seebo>

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