



### *A Moment with Donna...A Summer's Dream*

A 'Summer Book Holiday'...are you aware that in the United Kingdom they celebrate the love of reading on August 26<sup>th</sup>? I wasn't. When I learned about their holiday I decided to do some research. Here is what I found out.

*The history of summer holidays is clouded with myths. One popular idea is that school children have a long summer holiday (six weeks for most pupils in the UK) so that they could help work in the fields over the summer. This also was the paradigm developed in the United States. However, the current school system was developed over the course of the 19th century, when English farms were increasingly mechanized and having children helping with the harvest would only have been necessary for a small percentage of the population. Besides which, a brief glance at the farming calendar tells you that a holiday that ends at the start of September is not going to be much use for bringing in the harvest in the early autumn. So whatever the origin of six weeks off at the height of summer is, it's not for the sake of farmers. Perhaps it was just to be nice to school students by giving them time off at the sunniest part of the year. (I obtained this information from a posting by the Oxford University site.)*

So where did summer holidays come from? How did the idea of what kids should spend the months of July and August reading evolve? I honestly don't know because I was unable to find out about the origin of this particular holiday in the UK. I suspect it was started by some enterprising librarian to encourage children to read and stay enthusiastic about learning new things, to enjoy the many gifts that come with the development of good reading skills. Here in the United States our libraries schedule all kinds of delightful programs to keep kids entertained and enthusiastic about being engaged with reading, including reading with dogs, which I think are one of the best reading companions one can have.

*The lazy, hazy days of summer...*I can recall those very words (perhaps they were lyrics in someone's song?) and wonder how many of us experience days like that today. Most of the time when days are long and hot, we are inside with our air conditioners watching TV, playing video games or zoning out working on our computers. My, oh my, how times have changed.

I guess I was the odd duck in my generation, as I absolutely loved summer school, and it wasn't unusual to find me outside with my nose in a book by Pearl Buck, Frank Slaughter, and many others. I was fascinated with biographies. My dad, who was never a big reader, would say to me, "You read too much. Go play, do something else besides reading!" He never could understand my passion for books. Never in a million years did I imagine I would as an adult read 400-600 publications a year as part of my work in broadcasting, and maintaining that pattern for over 20 years. Nor could I have imagined that I would have had the joy of meeting and interviewing thousands of individuals who have a similar passion for the written word, putting their experiences into publications that enrich the lives of anyone who is willing to read them.

Reading contributes to dreaming. Summer is a great time to let your imagination rise to the top of your attention spectrum, examine where you are, what you are doing, and thinking about how you would like to initiate change in your life. Give yourself the gift of sunshine time to relax and examine your choices. I think you'll be glad you did.

May this summer season bring you joy, an abundance of unexpected blessings and more.

*Donna Seebo*

*Power Thought for August*

“The basic need of the world is spirituality. The issue between free people and Communism is not economic...the issue is the preservation of the freedom of man as a living soul.”

~ Douglas MacArthur

*August's Chuckle* – Submitted by U.E., Washington

An elderly Italian man lived alone in New Jersey. He wanted to plant his annual tomato garden, but it was very difficult work, since the ground was hard. His only son, Vincent, who used to help him, was in prison. The old man wrote a letter to his son and described his predicament.

*Dear Vincent,*

*I am feeling pretty sad, because it looks like I won't be able to plant my tomato garden this year. I'm just getting too old to be digging up a garden plot. I know if you were here my troubles would be over. I know you would be happy to dig the plot for me, like in the old days. Love, Papa*

A few days later he received a letter from his son. *Dear Pop, Don't dig up that garden. That's where the bodies are buried. Love, Vinnie*

At 4 a.m. the next morning, FBI agents and local police arrived and dug up the entire area without finding any bodies. They apologized to the old man and left. That same day the old man received another letter from his son. *Dear Pop, Go ahead and plant the tomatoes now. That's the best I could do under the circumstances. Love you, Vinnie*

*The Donna Seebo Show*

*&*

*“Warriors for Peace”*



*Heard worldwide*

“Delphi Vision Broadcasting” is celebrating its 18<sup>th</sup> year of positive and informative programming with ‘The Donna Seebo Show’ and ‘Warriors for Peace’. Currently people in over 128 countries, including the United States, are listening to the shows.

I invite you to join me weekdays for insightful and uplifting programming. The theme of the program is 'Personal Empowerment'. Guests are featured from all over the world giving their knowledge and expertise to you - the listening audience

Go to '*The Donna Seebo Show*' page. Direct Link:

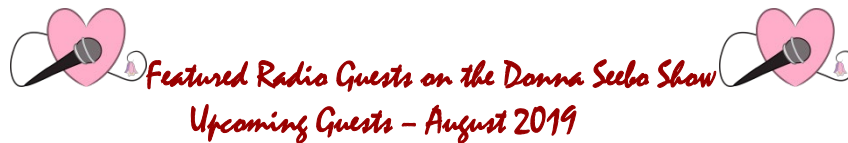
<http://www.delphiinternational.com/VisionBroadcasting/VisionBroadcasting.html> .

There you will find a player that enables you to connect to the 'live' show 8:00 pm to 9:00 am, Monday through Friday, Pacific Time. Callers are welcome during the second half of the program – **Call in number - 253.582.5597.**

*"Warriors for Peace"* is aired on Wednesdays, 7:00 pm to 8:00 pm, Pacific Time. No calls are taken during this interview program.

To listen to any of the broadcasts at any time - click on the tower icon in the past show archives box- then choose the program you are interested in. Shows are available 24/7.

I look forward to having you join me and my guests at my global broadcasting table. Informative and fun, you are invited to join me weekdays where you can *"Light Up Your Life with A Little Bit of Insight"*. Be sure to tell your friends and family about this positive, informative programming available 24/7.



- 1....Elmo – Matt Shea
- 2....Behavioral Genes – Dr. Baird
- 5....I Know What I Saw – Linda Godfrey
- 6....Jesse James & the Lost Templar Treasure
- 7....Alive with Life – Dr. Gary Epler
- 8....Living, Healing & Tai Kwon Do – Laura DiFranco
- 9....Who Will Take Care of Me When I am Old?-Joy Loverde
- 12...Trainer to the Stars – John Parisella
- 13...Limitless Soul – Bryn Blankinship
- 14...Art of Decision Making – Joseph Bikart (England)
- 15...Living with Endometriosis – Samantha Bowick
- 16...Two Roses – Mazen Kharbouluti
- 19...Brave New Medicine – Dr. Li
- 20...New York City Bum – David Boglioli
- 21...Cosmic Ancestry – Chanda Wickramasingh
- 22...The Doctor Broad - Barbara
- 23...A Brightly Guided Life – Ingrid Honkala
- 26...The Spiritual Gardener – Andy Becker
- 27... Charlotte – Rosemary Poole-Carter
- 28...Business Cards & Shoe Leather – Larry Vaughn
- 29...Sentinel's Dilemma – Mike Witzgall
- 30...To be announced

### *Warriors for Peace*

- 9....Diversity Beyond Lip Service – La'wana Harris
- 14...What Causes Global Warming – Peter Ward (January 2018 #985-2)
- 21...Flags Across America – Karen Robbins & Dale Baskin (August 2018 #2040-2)
- 28...Negotiating with Giants – Peter Johnston (Rescheduled-traveling in Saudi Arabia)

### *Mrs. Seebo's Classics*

Finally...it's available in Kindle! Yes, *The Woodcutter & The Tree*. We have posted some of the fabulous art on our website; we are thrilled with its beauty and the response it is getting from children and adults alike. It is on Amazon, etc., but you can get a personalized copy of the *first edition* by contacting me via the website or calling my office directly. Soon, with the holiday season coming up I will be offering a special package of all 3 in the Mrs. Seebo Classics series for \$45 plus shipping.

Information will be posted on my website - <http://mrsseebosclassics.com/news-events/>



### *What's Your Story?*

I am in the process of putting together a publication "Stories People Tell Me". I have had a number of submissions and I am looking for an additional 25 stories about paranormal experiences, UFO's, aura's and the unique and unusual not logical happenings that make us aware that life is anything but boring. Please send submissions to [donnaseebo@comcast.net](mailto:donnaseebo@comcast.net). Do send your contact information as well (phone number, etc.) Thank you.

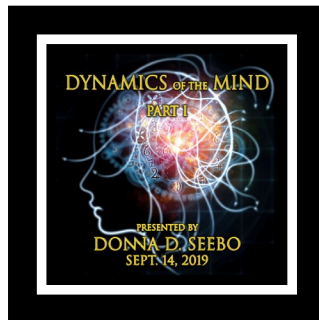
### *Upcoming Broadcasts & Appearances August 1, 2019*

**August 13th – Saturday – Psychic showcase at Carr's Restaurant, on Bridgeport Way, Lakewood, Washington.** I will be the keynote speaker at 6 pm. I will be giving the talk and doing demonstrations. I will have my publications with me and will be available for mini- readings before and after program. Look forward to seeing you there.

**August 14th – Wednesday - The Psychic Spectrum, Poodle Dog Restaurant-Banquet Room, Fife, Washington.** I will be the keynote speaker at 6 pm, will have publications available and also will be doing mini-sessions before and after the program. I will have publications available for sale, including my new children's publication-The Woodcutter & The Tree.

**August 20th – Tuesday - Lou J Free's Showcase - IHOP Restaurant, 178 SW Campus Drive, Federal Way, WA 98023.** 253.661.7300. I will be the keynote speaker at 7 pm and will be doing a demonstration as well, arriving between 5-6 pm, available for mini-sessions up to 7pm. I will have publications available for sale, including my new children's book, *The Woodcutter & The Tree*.

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*Dynamics of the Mind, Part 5 Presented by Donna Seebo*

Date: Saturday, Sept. 14, 2019

Location: Grassis Restaurant, 2811 Bridgeport Way West, University Place, WA 98466

Time: 9:00 am to 5:00 pm

Registration begins at 9:00 am

A catered lunch will be provided for attendees.

Surprise guest speaker

Fee: \$250.00.

With advance payment prior to September 7th a \$50 discount given. On day of event payment at door will be full price. Check, Cash, PayPal, MC/Visa accepted.  
Call 253.582.5604 or email to register....[donnaseebo@comcast.net](mailto:donnaseebo@comcast.net)

*Golden Nuggets*

*True Stories about Real People*

*Notre-Dame – Submitted by B.G., California*

<https://www.abc.net.au/news/2019-04-18/notre-dame-walk-through/11024512>

*So God Made a Dog*

This video will touch your heart in a most wonderful way...enjoy!

<http://videos2view.net/God-made-a-dog.htm>



*The Recipe Box...Mint & Parsley Salad*

Summertime is perfect for light delicious meals...and salads fit that bill quite nicely. Here is a Near Eastern version of a salad that is sure to please.

**Ingredients:** 1 cup fine bulgur (cracked wheat), 1 cup minced onions, 1 ½ cups chopped parsley, ½ cup mint, 1 cupped tomatoes, 1 cup fresh lemon juice, ¾ cup olive oil, salt & pepper to taste.

**Directions:** Soak bulgur in water for 1 hour; drain and press out moisture. Mix with onions and knead to bring out onion juice. Add all other ingredients, including salt and pepper, mixing thoroughly. Serve with lettuce cups, cabbage, or grape leaves to use as scoops instead of bread. However, if you love your bread, Pita bread makes for good scooping too.

*Special Comments*

A special 'thank you' to the many people who join me weekdays to hear '*The Donna Seebo Show*' and '*Warriors for Peace*' from around the country and the world. Your emails, calls and wonderful letters make my day. It is always a joy to share the talents and information from people and other sources that can make our lives better. Should you have recipes, ideas and/or information you think my listeners might be interested in, please email the information to me. Due to the tremendous amount of material received, I cannot promise that I will use it on my show but I do review everything that is sent.

For authors who are interested in being interviewed on my program, please send a copy of your book/CD/DVD publication along with your press kit to the address noted below. All materials are

reviewed for content and if accepted, you will be called to schedule a date for an interview. Currently my interviews are booked two to three months in advance. It is always advisable to follow up with a phone call to be sure that your materials are received by my office.

You are always welcome to share this newsletter and if you have someone who would like to be added to the subscriber list, just send his/her name and email address to [donna@delphiinternational.com](mailto:donna@delphiinternational.com) or [donnaseebo@comcast.net](mailto:donnaseebo@comcast.net). Past newsletters are archived on my website, and you are welcome to review them at any time. If you desire to be deleted from the mailing just type unsubscribe in subject line.

For scheduling of private appointments (by telephone or in-person), information on gift certificates, speaking engagements, private parties, classes, etc., please contact my office at the telephone number listed at the bottom of this newsletter.

Do you know of children between the ages of 3 to 12 who love to read? Then you'll want to order *"God's Kiss"* my award winning illustrated book and audio tape. Go to my website, fill out the information and I will be delighted to personalize the book for that special child. We are celebrating our 22nd anniversary of 'Classics' publications and now have a website showing 'God's Kiss' and other products. Both e-books and audio e-books are now available as well.

My children's publication, *"The Magic Hat"* is available in e-book and e-audio book format. It is also available in hardback and I am happy to personalize it for you. You can go to my website to order directly or Amazon, and Kindle. This book is beautifully illustrated by Carol Ann Johnson and you can listen to a 'free' preview of the audio book and view some of the art as well on Mrs. Seebo's Classics website.

Book #3, *The Woodcutter & The Tree* is now available. It too is available on Amazon and Kindle. To order, contact me via my website, [www.mrsseebosclassics.com](http://www.mrsseebosclassics.com) or call my office directly to find out more information. Be sure to like us on Facebook, LinkedIn, and Twitter.

*Have a magnificent day and remember....*

*"You are the Master of your Fate, the Captain of your Soul".*

*Donna Seebo - International Mental Practitioner/Psychic, Counselor, Award Winning Author, Speaker, Teacher,  
Radio/Television Personality, Minister and  
Host of the International 'Donna Seebo Show' and 'Warriors for Peace'*

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